

**SUBSTANCE ABUSE AND MENTAL HEALTH SERVICES ADMINISTRATION
FETAL ALCOHOL SPECTRUM DISORDERS (FASD) CENTER FOR EXCELLENCE
NATIONAL ASSOCIATION OF FASD STATE COORDINATORS**

State Quarterly Updates, May 2011

Prior to the May 10, 2011, meeting in Phoenix, Arizona, State Coordinators reported on recent activities in their States. These activities are summarized below.

Arizona

Coordinators: Teresa Kellerman and Cindy Beckett, MS, PhD

1. Update on Ongoing Initiatives:

- **Activities of the Task Force**
 - The Task Force on Preventing Prenatal Exposure to Alcohol and Other Drugs has not met recently, but the *Pennies for Prevention* group continues to meet regarding the proposed alcohol tax initiative
- **Ongoing FASD Initiatives in Your State**
 - Subcontract for Screening and Brief Intervention (Sara Rumann, Dept. of Health)
 - CDC FAS Surveillance Grant (Dr. Chris Cunniff, Teresa Kellerman)
 - FASDNA (Cindy Beckett) continues with community trainings and family support groups
 - Teresa Kellerman continues with community trainings, screenings, and family support
 - Web sites maintained and updated: www.fascrc.com and www.fasarizona.com

2. New Initiatives:

- FASDNA is planning a 1-day conference in Flagstaff April 29 with Diane Malbin
- Teresa Kellerman is meeting with Pima County public defenders regarding screening clients
- FASDNA is meeting with Representative Tom Chavin to initiate a bill to raise the alcohol tax
- Teresa Kellerman is collaborating with MADD to educate families at risk
- Dee Quinn (U of A) announced a revamped Web site for the Arizona Pregnancy Riskline <http://www.pharmacy.arizona.edu/centers/pregnancy-riskline>

3. Update on Action Items from the Last Quarterly Report:

- The 6-hour internet training by Teresa Kellerman for Dept. of Health is now accessible online by anyone; link will be posted upon completion of a competency quiz for accreditation

California

Coordinator: Madeline Journey-Lynn, MEd

1. Update on Ongoing Initiatives:

- **Activities of the Task Force** N/A
- **Ongoing FASD Initiatives in Your State**
 - Kathy Page, a consultant for ADP, prepared and delivered a presentation to the Governor's Prevention Advisory Council (GPAC's purpose is to coordinate the State's strategic efforts to achieve measurable reductions in the incidence and prevalence of the inappropriate use of alcohol and other drugs by youth and adults. ADP is a member and the host of this quarterly meeting).
 - *Helping Agencies that Serve California's most Expensive and Frustrating Clients: Fetal Alcohol Spectrum Disorders Unmasked and Addressed* - was a direct result of the work done with the State Interagency Team (SIT) during the 09/10 FY. The presentation included a brief overview of FASD, the SIT Work Group's recommendations from the clinical and law enforcement perspectives, and a question-and-answer period.
 - CA FASD Task Force next meeting will be in May – nothing to report at this time.

2. New Initiatives:

- I have joined the Department of Public Health – Maternal, Child and Adolescent Health Division's Home Visiting Program Task Force. ADP is providing expertise in the area of substance abuse treatment and counseling services to assure that affected families are provided adequate service, especially in the area of screening, through home visiting.

3. Update on Action Items from the Last Quarterly Report: N/A

Florida

Coordinator: Kathryn Shea, LCSW

1. Update on Ongoing Initiatives:

- **Activities of the Task Force**
 - The FL Interagency Action Group has not met this quarter. The new State IAG coordinator is getting a conference call scheduled.
 - Advocacy by the Task Force and parents statewide to keep the FASD State clinic fully funded.
- **Ongoing FASD Initiatives in Your State**
 - FL Fights FASD Campaign is very active and continuing Torchbearer enlistment statewide.
 - Two FASD Diagnostic Centers continue to operate. Sarasota Clinic has a long wait list for assessments.

2. New Initiatives:

- FASD Sarasota Clinic presented at the NBDPN 14th Annual Meeting in Orlando in March.

3. Update on Action Items from the Last Quarterly Report: N/A

Hawaii

Coordinator: Naomi S. Imai, MEd, CRC

1. Update on Ongoing Initiatives:

- **Activities of the Task Force**
 - FASD Task Force meeting 02/8/11 and 04/12/11; next meeting will be 06/21/11. Increased membership.
 - Task Force Guests: L. Slavin, PhD, Child and Adolescent Mental Health and M. Taum-Deenik Esq., Zero-Three Court. Subject: Eligibility and Gaps in Services for Children with FASD.
 - Spec. Parent Network Info (SPIN) Awarded Ginny Wright Parent of the Year for her work in bringing awareness and movement with regard to FASD.
- **Ongoing FASD Initiatives in Your State**
 - System improvement on diagnosis and service delivery.
 - FASD trainings: 1) Kathleen Mitchell/NOFAS (working with HI to establish birth mothers support group) & Dr. Ira Chasnoff; 2) Martha White/Care Hawaii
 - Display of warning signs by liquor establishments; funding for FASD

2. New Initiatives:

- Identification of gaps in screening and services for children with FASD through survey.
- Develop an ongoing statewide awareness campaign.
- Increase involvement with Zero-to-Three Court and Mental Health Transformation.
- ADAD submitted application for SBIRT.

3. Update on Action Items from the Last Quarterly Report:

- Contacted CWS contracted trainer and new head of CWS Foster Children. Briefly discussed new CAPTA requirements and working together. CWS will contact me for info/training on FASD.
- Involvement with the Transition Age Youth committee for at-risk youth/foster children.
- Referral information and form for FASD evaluation is posted on the Web.
- Planning FASD training for the week of August 29, 1 week before the Native Leadership Conference.

Indiana

Coordinator: Malorie Hensley, MS

1. Update on Ongoing Initiatives:

- **Activities of the Task Force**
 - No recent activity from the task force; looking at starting it up again soon.
 - There was a booth at a statewide conference for science teachers about incorporating FASD awareness and prevention as part of their curriculum.
- **Ongoing FASD Initiatives in Your State** N/A

2. New Initiatives:

- Begin to meet with the Task Force on a regular basis.
- Coordinator was trained by the GLFRTC and will become a certified FASD trainer after completing two training sessions for health professionals.
- Coordinator recently joined a committee that works with National Center on Substance Abuse and Child Welfare to work on getting more services/support for individuals with alcohol abuse and children with FASDs.

3. Update on Action Items from the Last Quarterly Report: N/A

Kansas

Coordinator: Joseph Kotsch, RN, MS

1. Update on Ongoing Initiatives:

- **Activities of the Task Force**
 - Not applicable—no task force in place
- **Ongoing FASD Initiatives in Your State**
 - Participation in activities associated with the Kansas Coalition to Keep Children Alcohol Free
 - Dissemination of FASD-related activities, events, and resources to local partners through ZIPS newsletters, educational conferences, and professional contacts (technical assistance)
 - Ongoing partnership with Kansas SRS Agency's Mental Health, Substance Abuse, Treatment and Recovery area (policy and standards development on prevention.
 - Continued partnership with statewide child welfare advocacy organization in curriculum development activities by acting as a resource to locate standards, documents, etc

2. New Initiatives:

- Leveraging partnerships with statewide agencies and organizations involved with text4baby program to promote awareness and activities aimed at preventing alcohol-exposed pregnancies
- In process of adapting content on agency Web site to link to FASD resources
- Working on a communication plan that will highlight FASD Awareness Day in 2011
- MRFASTC Trainings at Red Ribbon (MS) and SADD (HS) events in 2011 scheduled
- Hays, Kansas local coalition bringing FASD training opportunity to their locale in 2011
- Process for NOFAS State application presented to State MCH advisory council and recommendation to present to State pediatrics association board for approval

3. Update on Action Items from the Last Quarterly Report:

- Referred two families with teens/young adults to Rob Wybrecht and linked them to the resources on FASDIane.com

Kentucky

Coordinator: Laura Nagle, CPP

1. Update on Ongoing Initiatives:

- **Activities of the Task Force**
 - Bi-annual meeting held in April 2011
 - Plans for FASD Day statewide activity underway
 - Planning for statewide pediatric training to coordinate with new AAP guidelines
- **Ongoing FASD Initiatives in Your State**
 - Developed FASD online training module for Early Childhood Care Providers through U of K
 - Conducted three webinars targeting teachers with BabyLove prevention presentation
 - Workshops at three State conferences; two FASD plenaries

2. New Initiatives:

- Attended Service to Science Academy in GA, working with evaluation consultant re: OB project
- Collaborating with Dept of Corrections to offer ongoing FASD prevention in nine women's facilities

- FASD Sentencing Guidelines article published in Judicial Education publication which is distributed to all KY judges
- Still working on 30 minute FASD prevention DVD
- Beginning development of Annual Speak Up campaign to empower women to talk to their own OB/GYN providers about alcohol and pregnancy during annual visit

3. Update on Action Items from the Last Quarterly Report: N/A

Maryland

Coordinator: Mary Diane Johnson

1. Update on Ongoing Initiatives:

- **Activities of the Task Force**
 - Women's Health Month Activities- Maryland
 - Regular bimonthly meetings
 - Participated in National Respite Caregivers Conference held in Baltimore
- **Ongoing FASD Initiatives in Your State**
 - MD FASD Abstract for the Office of Women's Health Conference 2011
 - FASD Conference 2011

2. New Initiatives:

- New proposed legislation to increase tax on alcoholic beverages. The funding would increase funding for substance abuse and alcohol abuse treatment services and programs. **Legislation Passed 3/11**
- Requested funding from the Center for Maternal and Child Health Title V Block Grant funding for a 2011 Conference.
- Center for Maternal and Child Health, Maryland Department of Health and Mental Hygiene published a research study on prevalence of prenatal alcohol consumption; the degree of health provider screening.
- New PRAMS report on alcohol drinking among pregnant women in Maryland.

3. Update on Action Items from the Last Quarterly Report:

- NAFSC Teleconference and MD FASD Coalition Meetings.

Massachusetts

Coordinator: Enid Watson, MDiv

1. Update on Ongoing Initiatives:

- **Activities of the Task Force** N/A
- **Ongoing FASD Initiatives in Your State**
 - FASD Prevention and CRAFFT training through the SBIRT at 37 school-based health centers has been completed, and evaluations find significant change in trainee knowledge and comfort level. Other MA SBIRT projects in hospitals, emergency depts, and community health centers are progressing well. SBIRT Curriculum for Batterer's Intervention Groups is under review by providers.
 - Presented *FASD and Behavioral Health: Improving Client Outcomes* to a MH/ATOD treatment program.

2. New Initiatives:

- **Clergy and SUD:** Two conferences are being developed in collaboration with the National Assoc. of Children of Alcoholics on the topic of *The Faith Community and Substance Abuse*, which will include FASD Prevention and take place at the end of May

2011. *Clergy SBIRT and FASD* presented to seminary students at Andover Newton Theological School in March.

- Providing webinar for NY State Early Intervention providers on *FASD in EI: What's the Connection?*, in response to publication noted below. April 25, 2011.

3. Update on Action Items from the Last Quarterly Report:

- Publication from a FASD Center Contracted Project: Watson, E., Finkelstein, N., Gurewich, D. & Morse, B. (2011) The feasibility of screening for FASD risk in early intervention settings: A pilot study of systems change. *Infants and Young Children*. April/June (24:2, 193-206). This article was selected by the International Society on Early Intervention to be made available to its membership at no cost.

Michigan

Coordinator: Debra Kimball MSN, RN

1. Update on Ongoing Initiatives:

- **Activities of the Task Force**
 - FASD Taskforce meeting was held February 16, 2011.
 - April 4-5, 2011, FASD consultant provided wraparound training for Community Mental Health staff in Lansing, MI.
 - The Early On Service Coordinator's Guidelines were completed and statewide dissemination is planned during 2011.
- **Ongoing FASD Initiatives in Your State**
 - The State Maternal Infant Health Program (MIHP), which is available to all pregnant women who are Medicaid beneficiaries, screens all enrolled participants for prenatal alcohol use with TACE. This represents approx. 60,000 women per year who are screened for prenatal alcohol use.
 - Parent-Child Assistance Program continues to operate successfully and enroll women who are in substance abuse treatment in three west Michigan counties.
 - FASD ACHIEVE continues to operate successfully in Macomb County, in Southeastern Michigan and provides case management, training, support, and advocacy for the individuals and their families referred for diagnostic evaluation and treatment intervention for FASD.
 - Ten community-based State funded projects continue to enroll participants and provide prevention, screening, intervention, and linkage to services for at-risk populations as well as individuals and families affected by FASD.

2. New Initiatives:

- Great Lakes FASD Regional Training Center provided 5-day CDC Curriculum training in Lansing, MI, March 28, 2011-April 1, 2011, that included three training options. A 1-day, Research and Diagnostic Update option, was attended by 130 medical and allied health participants from across the State. The research update included a presentation by Michigan researcher, Dr. John Hannigan, PhD, on the topic of Maternal Alcohol Screening and use of the ACOG Toolkit. Dr. Hannigan's presentation was videotaped and will be available online on the State MDCH MIHP Web site and the MDCH FAS Web site. A 3-day option, Foundations of FASD, was available for new staff working in FASD diagnostic clinics and/or community projects. The full 5-day TOT certificate was an option for medical and allied health providers whose job responsibilities include education within their organizational systems.

3. Update on Action Items from the Last Quarterly Report: N/A

New Jersey

Coordinator: Elizabeth Dahms, MS, RNC

1. Update on Ongoing Initiatives:

- **Activities of the Task Force**
 - Task force meeting scheduled for May 4th.
 - Perinatal Risk Reduction Coordinators had quarterly meeting.
- **Ongoing FASD Initiatives in Your State**
 - Universal statewide screening of all pregnant women for ATOD use/abuse. The Department of Health has grants with Regional Risk Reduction Specialists.
 - NJ Web site has been active recently. It continues to operate with primarily volunteers.

2. **New Initiatives:** None to report this quarter.

3. **Update on Action Items from the Last Quarterly Report:** N/A

New Mexico

Coordinator: Jerome A. Romero

1. Update on Ongoing Initiatives:

- **Activities of the Task Force** N/A
- **Ongoing FASD Initiatives in Your State**
 - Peer Education in New Mexico high schools.
 - FASD education in New Mexico universities.
 - FASD media messages in New Mexico.

2. New Initiatives:

- Working with legislators on funding issues.
- Blue Cross Blue Shield grant.

3. Update on Action Items from the Last Quarterly Report:

- Found UNM's RFP for New Mexico RFP for State Coordinator and FASD Prevention Program. Will try to scan and put on computer.

New York

Coordinator: Margo B. Singer, MPA

1. Update on Ongoing Initiatives:

- **Activities of the Task Force**
 - Our FASD Task Force for the Project CHOICES has started meeting in smaller workgroups to discuss sustainability issues. The next full Task Force meeting will be on May 25th.
- **Ongoing FASD Initiatives in Your State**
 - We continue our work on our Northrop Grumman Project CHOICES subcontract. The challenges of staff turnover continue to be a problem at many of our project sites.
 - Our FASD activities under our Interagency Workgroup and ACTION continue. We are examining piloting FASD screening tools for youth within our youth-serving systems.
 - The FASD State Coordinator continues to conduct FASD trainings for provider agencies, coalitions, etc. Requests have increased as the weather is more conducive for traveling.

2. New Initiatives:

- We now have a new State Administration and a new agency Commissioner. Since the focus is currently on the State Budget (crisis) and redesigning the Medicaid program, most new projects are “on hold” due to the inability to make commitments for the future. The FASD State Coordinator is spending significantly more time on non-FASD work activities.
- We are considering submitting an application to the SAMHSA RFA on SBIRT. If accepted, there is the potential for including FASD prevention via a Project CHOICES model in the future.

3. Update on Action Items from the Last Quarterly Report:

- Another round of letters were sent to the airlines and to Amtrak requesting placement of our pregnancy and no alcohol message. No new responses have been received to-date.

North Carolina

Coordinators: Janice White, MEd and Amy Hendricks

1. Update on Ongoing Initiatives:

- **Activities of the Task Force**
 - Planning by the Project Director, State contractor, and representatives from the Division of MH/DD/SAS are continuing in the development of a NC State plan. The Project Director has incorporated the following points of focus; including the creation of a statewide task force in the 2012 Scope of Work. Points of focus include:
 - Specialized training for perinatal workers and online courses for CEUs.
 - Integration of FASD into public school curricula, such as questions on science or health exams.
 - Support for adoptive families through education about FASD and resources.
 - Identification of individuals with an FASD and best practices for care of persons with an FASD.
 - Promotion of healthy transitions into the community for adults with an FASD.
 - The Project Director and State coordinator will be attending the Building FASD State Systems (BFSS) conference, being held in Phoenix in May 2011. This meeting will provide an opportunity for continued discussion and planning regarding the NC State plan.
- **Ongoing FASD Initiatives in Your State**
 - **FAS and Related Conditions: Implications for Clinical Practice** was successfully delivered to 59 participants on April 14, 2011. Interested participants will be included in the development of our State plan.
 - Maintaining relationship with the Centers for Prevention Resources (CPRs) in the delivery of FASD prevention efforts statewide.
 - Secured funding from the March of Dimes and developed a statewide FASD Web site. www.ncpregnancy.org went live on March 1, 2011 and will be monitored and updated by the PD.
 - Project Director attended the 5-day FASD training session with the GLFRTC in March. Project Director is currently completing the requirements set forth by the training center to become a certified FASD trainer.
 - Coordinated efforts with the Center for Prevention Resources and successfully delivered the first FASD webinar to addiction professionals in March. Discussing opportunities to deliver additional webinars in the coming months in collaboration with the Centers for Prevention Resources.

- Collaborating with NOFAS and making plans to attend the NOFAS Affiliate Summit in Washington, DC in June. Efforts are being made to schedule appointments with NC members of congress during this trip.
- Provided trainings and exhibits to allied health professionals, students and the general public across the state. Provided **7** presentations/educational sessions, reaching a total of **249** participants; and exhibited at a total of **4** conferences, reaching **400** individuals.

2. New Initiatives:

- Established a relationship with Mission Hospitals to provide an FASD education session to nurses at their OB Clinical Updates to be delivered in April, June, September, and November.
- Established a relationship with Western North Carolina Public Health Association to provide an FASD education session to public health nurses at their regional meeting in April.
- Established relationship with the Alcohol and Drug Services of Rockingham to provide an FASD education session to nurses and social workers in May.
- Established a relationship with the Western Regional Child Development Services to provide an FASD education session to childcare providers at the Western Regional Childcare Conference in May.
- Established a relationship with Addiction Professionals of NC. Will exhibit at NC Foundation for Alcohol & Drug Studies Summer School in August.

3. Update on Action Items from the Last Quarterly Report: N/A

Ohio

Coordinator: Melinda Norman

1. Update on Ongoing Initiatives:

- **Activities of the Task Force**
 - We are in a transitional status at the time. We have a new Governor and several new Department Directors. This is a time of maintenance, we keep what we have and move forward once we have all the departments settled in their new roles.
- **Ongoing FASD Initiatives in Your State**
 - All of our currently integrated activities around media, training and education are continuing.

2. New Initiatives: Nothing at this time, we are still in transition.

3. Update on Action Items from the Last Quarterly Report:

- We have begun the Training of Trainers. They are scheduled for the last 2 weeks of April and registration is full.
- We are in the preliminary stages of our pilot project of developing a Birth Mom's Network here in Ohio. We have five centers engaged and beginning to design the protocols. We have had our first meeting and set a schedule thru the remainder of the year. Work is still very preliminary at this time.

Pennsylvania

Coordinator: Kathy Jo Stence, CAC

1. Update on Ongoing Initiatives:

- **Activities of the Task Force**
 - Held an internal Bureau meeting with Administrative staff to determine ongoing FASD initiatives and status of the State FASD Plan.
- **Ongoing FASD Initiatives in Your State**
 - Although it was previously determined that additional workgroups would be formed to address particular areas of the FASD plan, cooperation of other necessary State departments needs to be determined for continued work on the plan.
 - BDAP will continue to utilize its MOU with the NineZero project to put forth a unified prevention message across the State.
 - BDAP will continue to provide FASD: The Basics Trainings statewide.

2. New Initiatives:

- PA will extend its observance of FASD Awareness Week to Awareness Month for 2011.
- We will investigate the possibility of doing an additional TOT to include more advanced information beyond FASD: The Basics.

3. Update on Action Items from the Last Quarterly Report: N/A

South Dakota

Coordinator: Robin Erz, CCDC III

1. Update on Ongoing Initiatives:

- **Activities of the Task Force**
 - A training event for WIC staff completing screenings and interventions has been scheduled for June 1, 2011 in Pierre, SD.
 - The next Task Force meeting has been withheld until program officers attend the upcoming BFSS meetings.
 - The Program Coordinator has provided information to Task Force members about FASD activities.
- **Ongoing FASD Initiatives in Your State**
 - Statewide FASD Prevention Project- WIC screening and intervention activities are operating at 10 sites in South Dakota.
 - FASD educational packets continue to be distributed to the ten WIC project sites.

2. New Initiatives:

- A training event will be provided to WIC staff in order to update staff on FASD screenings and interventions.
- Noted in last quarterly report was a conference held in Rapid City via The Chiesman Foundation. They, along with State and the Center for Disabilities staffs will plan and participate in a similar conference in Sioux Falls, SD, July 2011. It is hoped that participation will exceed the level of the western conference.

3. Update on Action Items from the Last Quarterly Report: N/A

Texas

Coordinator: Janet Sharkis

1. Update on Ongoing Initiatives:

- **Activities of the Task Force**
 - The task force meets quarterly. Recently it re-established its mission. It is organizing around developing a statewide plan on FASD.
- **Ongoing FASD Initiatives in Your State**
 - Project CHOICES is an on-going project.
 - We provide education to the community on a regular basis on FASD, targeting substance abuse treatment centers.

2. New Initiatives:

- We received a grant to provide training to lawyers and judges on FASD and we are organizing these trainings.
- We are considering applying for a grant to educate protective services staff about FASD.
- Unfortunately, there is legislation being considered which would be negative re: FASD.
- We worked with the department of health services to assist in organizing an on line training series on substances and pregnancy. Dr. Ira Chasnoff is doing the trainings.

3. Update on Action Items from the Last Quarterly Report: N/A

Washington

Coordinator: Lauri Turkowsky, EdD

1. Update on Ongoing Initiatives:

- **Activities of the Task Force**
 - Meeting in March of 2011.
- **Ongoing FASD Initiatives in Your State**
 - NO FAS Washington continues to provide support groups and programs without State funding. They also contract with the Children's Administration to provide training for foster/adoptive/relative caregivers on FASD.
 - The FAS Diagnostic and Prevention Network at the University of Washington continues to provide FASD evaluations and training for professionals. Training services continue to be funded by the State as well as three FASD Diagnostic and Prevention Network satellite sites (Everett, Yakima and Pullman). Each site sees 24-26 patients per year for evaluation.
 - Ten Parent Child Assistance Programs statewide and three Safe Babies Safe Moms programs statewide. Both are State funded 3-year case management programs for substance abusing women and their children.

2. New Initiatives:

- NO FAS statewide conference.
- The Fetal Alcohol Syndrome Interagency Workgroup will be presenting an FASD track at the statewide Co-occurring disorders conference.

3. Update on Action Items from the Last Quarterly Report: N/A

Washington, DC

Coordinator: Sharon Brandon

1. Update on Ongoing Initiatives:

- **Activities of the Task Force**

- Task force developed, members include: Melinda Fallen, Kadija Ash, Telisia Dodd and Kwaco Attiba.
- In February 2011, FASD Coordinator educated Children's National Medical Center and Howard University Hospital about detecting an infant with FASD without the facial features and where are the resources they would be referred.

- **Ongoing FASD Initiatives in Your State**

- Developing resource book for families living with a loved one with FASD.
- Educate community, private and Government agencies on FASD and the risks of pregnant women drinking while pregnant.

2. New Initiatives:

- Developing 2nd flyer: *You, Your Baby and the Bottle* to educate expecting mothers and women of child bearing age on the risks of drinking while pregnant.
- Incorporated *The Risks of Alcohol Consumption While Pregnant* education into SIDS workshops which are held once a week for 2 hours.
- Developing alcohol consumption questionnaire for prenatal women in order to begin surveying prenatal women who drink while pregnant and what their beliefs are.
- Develop FASD brochure in an effort to further educate the public on the risks of drinking when pregnant.

3. Update on Action Items from the Last Quarterly Report: N/A