

## NATIONAL ASSOCIATION OF FASD STATE COORDINATORS

### State Updates, February 2010

Prior to the teleconference, State Coordinators reported on recent activities in their States. These activities are summarized below.

#### California

Coordinator: Madeline Journey-Lynn, MEd

#### 1. Update on Ongoing Initiatives:

- **Activities of the Task Force**

- ***State Interagency Team FASD Work Group***

- Deliverable 1—The map for current resources for pregnant women and families impacted by FASD and for sexually active women has been developed. It is going forward to the State Interagency Team (SIT) for distribution to the impacted State departments. The form captures information which will improve collaboration at the State level, avoid duplicative efforts, assist the SIT in the assessment of gaps in services, and identify necessary policy changes that impact FASD.
- Deliverable 2—A template is being developed which will have a consistent message re: FASD facts. Either the 2<sup>nd</sup> side or lower half of the template will be customized for the particular State department's audience.
- Deliverable 3—Work with the CA Dept of Insurance to request that Ob/Gyns who use a validated screening tool for pregnant women for AOD use during pregnancy receive a discount on their malpractice insurance rates—on hold.

- ***Attended CA FASD Task Force quarterly meeting hosted by The Arc of California***

- **Ongoing FASD Initiatives in Your State** Currently N/A

#### 2. New Initiatives:

- <http://www.adp.ca.gov/women/index.shtml> ADP Women's Page is up, but still is being developed—this will be an ongoing project. There is specific FASD information on this site.
- RFP for Native American Women Awareness Campaign on Alcohol and Other Drug Treatment and Prevention is being developed. This will be a 3-year contract, and has an FASD component.

#### 3. Update on Action Items from the Last Quarterly Report: N/A

## Colorado

**Coordinator: Pamela Gillen, ND, RN, CACIII**

### 1. Update on Ongoing Initiatives:

- **Activities of the Task Force**
  - The FASD Commission submitted the first report to the Colorado legislator that described areas Colorado will need to look at to complete the final report to the State
  - Meeting scheduled for the 2010 year
  
- **Ongoing FASD Initiatives in Your State**
  - Ongoing work with DBH to provide FASD prevention training, technical assistance, and information dissemination across Colorado
  - Ongoing work on the Service to Science initiative to implement FASD Provider Education research project
  - Working with NOFAS Colorado on subcommittee for training
  - Worked with CCGC to develop Pre-conception care guideline and FASD supplement

### 2. New Initiatives:

- New sub-contract with Denver Health STD clinic to implement Project Choices into their clinic, now called CHOICES
- New 5-year grant application for COFAS is in process of being submitted

### 3. Update on Action Items from the Last Quarterly Report:

- Worked with airline subcommittee, unable to attend teleconference for non-profit subcommittee

## Hawaii

**Coordinator: Naomi Imai**

### 1. Update on Ongoing Initiatives:

- **Activities of the Task Force**
  - December 2009 meeting cancelled. Meeting held January 25, 2010.
  - On-going Clinical work group establishing FASD screening with CWS (foster kids).
  
- **Ongoing FASD Initiatives in Your State**
  - Currently coordinating statewide training activities, January 26 to February 4, 2010, presented by Dan Dubovsky.

### 2. New Initiatives:

- In the process of submitting testimony in favor of Hawaii SB 2088 relating to liquor tax as a mechanism to secure dedicated funding for FASD.
- In the process of submitting testimony in favor of Hawaii SB 2062 relating to requiring establishments that serve alcoholic beverages to display warning signs to inform customers of the dangers of alcohol consumption during pregnancy.

### 3. Update on Action Items from the Last Quarterly Report: N/A

## Kansas

Coordinator: Joseph Kotsch, RN, MS

### 1. Update on Ongoing Initiatives:

- **Activities of the Task Force**
  - No Task Force in place.
  
- **Ongoing FASD Initiatives in Your State**
  - Dissemination of FASD-related activities, events, and resources to local partners through ZIPS newsletters, educational conferences, and professional contacts (technical assistance)
  - Ongoing participation in the Kansas Leadership to Keep Children Alcohol Free (underage drinking prevention)
  - Ongoing partnership with Kansas SRS Agency's Mental Health, Substance Abuse, Treatment and Recovery area (policy and standards development on prevention)
  - Diagnostic and Treatment Centers in Emporia and Kansas City (KUMC)
  - Continued partnership with statewide child welfare advocacy organization in curriculum development activities by acting as a resource to locate standards, documents, etc

### 2. New Initiatives:

- MCH staff attended training by Midwest Regional FAS Training Center (uses CDC materials)
- Initiative to prevent FASD written for Kansas Leadership To Keep Children Alcohol Free org.

### 3. Update on Action Items from the Last Quarterly Report:

- Primary Care subcommittee met on January 21 and has shared some e-mails since
- Non-profit subcommittee to meet on January 27

## Kentucky

Coordinator: Laura Nagle, CPP

### 1. Update on Ongoing Initiatives:

- **Activities of the Task Force**
  - Held two 6-hour planning retreats to develop 2-Year Strategic Plan
  - Sponsored statewide web-seminar by Dr Deborah Franks from Harvard re: the research against prosecuting pregnant women
  - Will sponsor a 4-day track re: Substance-Exposed Pregnancies at annual conference
  
- **Ongoing FASD Initiatives in Your State**
  - Sycamore Project invited to present poster at Vancouver 2010 conference
  - New foster parent support group formed in Louisville, looking at online support possibilities
  - Presented at two statewide conferences, gave one keynote address

### 2. New Initiatives:

- KY FASD Clinic Director invited to be on AAP committee to design guidelines to address FASD
- Received funding to host conference for KY FASD Trainers—August 2010—250 participants expected

- KY currently prosecuting two pregnant women for drug use. Actively addressing this statewide
- Collaborating with U of Louisville to produce DVD for families re: “what works for us”
- Conducted survey with 800 professionals re: their attitudes about addiction and recovery

**3. Update on Action Items from the Last Quarterly Report:** N/A

## Maryland

**Coordinator: Mary Johnson**

**1. Update on Ongoing Initiatives:**

- **Activities of the Task Force**
  - Regularly meeting
  - *New:* Development of a 2-year FASD State Plan
- **Ongoing FASD Initiatives in Your State**
  - *New:* Development of a 2-year FASD State Plan

**2. New Initiatives:**

- FASD Webinars: June/August/November
- Plans for FASD State Conference September 2010
- Girl Scouts Health Fair
- Social Workers FASD Workshop

**3. Update on Action Items from the Last Quarterly Report:**

- Participation on the NAFSC Airlines Subcommittee

## Massachusetts

**Coordinator: Enid Watson, MDiv**

**1. Update on Ongoing Initiatives:**

- **Activities of the Task Force** N/A
- **Ongoing FASD Initiatives in Your State**
  - Provided variety of FASD trainings for health care, behavioral health, adolescent providers, and public health
  - FASD prevention through the Deaf/Hard of Hearing SBIRT project

**2. New Initiatives:**

- FASD Awareness in the Massachusetts Department of Elementary and Secondary Education: new initiative to collaborate with schools. This took concerted effort! Baby steps...

**3. Update on Action Items from the Last Quarterly Report:**

- A coalition has formed to rebuff efforts to eliminate the exemption of the alcohol tax
- IHR Executive Director is part of the FASD Center’s Expert Panel, representing women’s treatment.

## Michigan

Coordinator: Debra Kimball, MSN, RN

### 1. Update on Ongoing Initiatives:

- **Activities of the Task Force**
  - Quarterly Progress Updates of the State 5-year FASD strategic plan.
  - Taskforce meets quarterly and developed “new member” orientation packets; Taskforce “Action” Teams also meet quarterly to promote work on strategic plan goals.
  - Cross-collaboration workgroup identified with representatives from State departments of community health, mental health & human services to educate staff regarding FASD, screening policy.
- **Ongoing FASD Initiatives in Your State**
  - PCAP FASD Prevention in West Michigan continues to enroll women; November 2009 to Northrop Grumman shows grand total of 74 women enrolled to date.
  - Ten (10) statewide FAS prevention and intervention grants projects for FY '09-10.

### 2. New Initiatives:

- New NIAAA grant proposal submitted December 2009 by State of MI for FASD Surveillance.
- Workgroup is being established to develop FASD Resource Guide for use by Department of Education *Early On* service coordinators statewide.
- International FASD Conference will be held April 9-10, 2010, in Sault Ste. Marie, MI.
- State of MI FAS Web site has been updated at: [www.michigan.gov/fas](http://www.michigan.gov/fas).
- Final draft for Michigan Birth Defect registry proposal of policy revision that would mandate reporting FAS to age 10 years is being reviewed.
- Guidelines for FASD Speakers Bureau are being developed by FASD Taskforce.

### 3. Update on Action Items from the Last Quarterly Report: N/A

## Mississippi

Coordinator: Trisha Hinson, MEd, CMHT

### 1. Update on Ongoing Initiatives:

- **Activities of the Task Force**
  - MS AC-FASD (task force) met in November and December 2009.
  - MS AC-FASD established two subcommittees: Prevention Subcommittee and Intervention and Treatment Subcommittee. A chair for each subcommittee was selected at the November meeting in order to ensure that the activities specified in the MS FASD State Plan would be completed or addressed in a timely and effective manner. Detailed subcommittee reports were made at the December meeting and will be a recurring agenda item at each task force meeting from now on.
- **Ongoing FASD Initiatives in Your State**
  - Mississippi's two contract projects (local prevention project and statewide screening/diagnosis/intervention project) are almost at the mid-point of Option Year 2. Both projects are on-track to achieve OY2 objectives.
  - Mississippi's FASD Screening, Diagnosis and Implementation contract project has screened over 600 children ages birth to 7 during the first 5 months of OY2.
  - The MS Department of Mental Health's Strategic Plan calls for an FASD-specific public awareness campaign to take place in 2010; progress is being made on

- preparing for this effort. Included in this effort will be a more systematic approach to providing FASD information on high school and college campuses in Mississippi.
- MS Department of Mental Health/Bureau of Alcohol and Drug Abuse provided 16 FASD training sessions or presentations between June 2009 and December 2009 at A & D treatment programs in Mississippi.

**2. New Initiatives:**

- One of our primary foster care/adoption agencies in our State (also a MS AC-FASD member) is providing FASD training for all the foster parents in their system.

**3. Update on Action Items from the Last Quarterly Report:** N/A

**Navajo Nation**

**Coordinator: Louise S. Ashkie**

**1. Update on Ongoing Initiatives:**

- **Navajo Nation State of Emergency**—Navajo Nation President Dr. Joe Shirley Jr. declared a state of emergency due to inclement weather throughout Navajo Nation and the aftermath of flooding and mudslides. The Governor ordered National Guard helicopters to conduct emergency evacuation and provide relief to stranded individuals. The Navajo Nation FASD Project office staff (Ronnie and Louise) were assigned to volunteer at Central Command Center throughout the emergency.
- **March of Dimes**—The Navajo Nation Department of Behavioral Health Services FASD Project office served on the American Indian/Alaska Native Women’s Committee with March of Dimes Western Region for the past 3 years and completed a booklet for Native communities, “The Coming of the Blessing.” This booklet received the 2009 Transcultural Award from the National Perinatal Association.
- **National Relief Charities-Children Christmas Stocking**—The FASD Project office partnered with National Relief Charities to hand out seasonal “treats” stockings, including nuts and fruits, to some 800 needy children in outlying areas. The intensive effort beyond the normal duty hours included soliciting support and coordinating with private, non-profit foundations. Christmas stocking donations were for children and families we serve who are on incentives. This initiative encouraged/supported outreach and education and worked with existing community resources including youth programs and schools. And, the items National Relief provided come in handy with “Healthy Living Program” which helps to encourage/support pregnant mothers in healthy living.
- **Collaboration**—Ongoing collaboration with Dr. Cindy Becky, who reviewed the Navajo Nation FASD Project, provided technical assistance, and helped to identify alcohol use among pregnant women and families. Dr Becky completed a study of the Navajo Nation FAS/FAE program. Dr. Becky made a follow up visit to Navajo Women living with children affected by an FASD.
- **Billboard Display**—We have a billboard display located on the Navajo Reservation boundary line on Highway 77N in Indian Wells, Arizona, which is aimed providing awareness and education to youth. We have paid to keep the billboard up for an additional period of time.
- Provided **FASD education** in communities, schools, social service agencies, courts, and all treatment facilities.
- Provided **technical assistance** to DBHS agency offices and other service providers.

Ongoing Service Activities

Total# Served 1,189

## 2. New Initiatives:

- Design and conduct **need assessment** to target population on Navajo Nation.
- **Prepare and submit a proposal** for addition funds FASD prevention education.

## 3. Update on Action Items from the Last Quarterly Report: N/A

## Nevada

**Coordinator: Muriel Kronowitz, MA, LPC**

### 1. Update on Ongoing Initiatives:

- **Activities of the Task Force**
  - The PSAP subcommittee met in January 2010, amended by-laws to ensure diversity, added a Pediatric geneticist as a new member, focused on strategies to restart FASD clinics.
- **Ongoing FASD Initiatives in Your State**
  - Continued implementation of the 4Ps Pregnancy Screening in northern Nevada. More than 4,000 women screened with a comprehensive data analysis that included demographics, alcohol, tobacco and other drug use prior to knowing of pregnancy.

### 2. New Initiatives:

- Official member of State Epidemiology Work group under the auspices of the Substance Abuse Prevention Treatment Agency (SAPTA).
- New member of the SAPTA strategic planning work group. Having a voice hear will provide opportunities to include FASD and substance using pregnant women in their strategic plan.
- Collaborative FAS Surveillances grant with Arizona and contract with Nevada approved. Monthly phone calls to establish cohort, data sources, etc. related to abstracting information. This partnership will provide prevalence data that currently does not exist..
- Member of PSAP subcommittee is a senator who was instrumental in securing an appropriation at their last session for FASD clinics. No bill with a fiscal note will be introduced this next session due to the budget crisis.

## 3. Update on Action Items from the Last Quarterly Report: N/A

## New Jersey

**Coordinator: Elizabeth Dahms, MS, RNC**

### 1. Update on Ongoing Initiatives:

- **Activities of the Task Force**
  - Met in November 2009
- **Ongoing FASD Initiatives in Your State**
  - Advertising campaign, 4P's plus screening

### 2. New Initiatives:

- Perinatal risk assessment form will be used by all Medicare OB providers in NJ. It is being introduced statewide. This universal assessment includes the 4P's Plus.
- Education of the judicial system about FASD.

## 3. Update on Action Items from the Last Quarterly Report: N/A

## New York

**Coordinator: Margo Singer, MPA**

### 1. Update on Ongoing Initiatives:

- **Activities of the Task Force**

- The FASD Task Force for our Northrop Grumman Project CHOICES subcontract will be convened next on February 2, 2010.
- NY's FASD Interagency Workgroup will meet again on February 10th. We are proposing to focus on one issue of prenatal screening of women.

- **Ongoing FASD Initiatives in Your State**

- The Northrop Grumman-funded Project CHOICES continues its work. One provider withdrew in December so we are working to replace that provider site.
- The FASD State Coordinator continues to provide FASD workshops and trainings for different State agency service delivery systems. She will be presenting a webinar for the Florida AOD office in February.
- As part of our interagency ACTION Initiative, the FASD State Coordinator will present a 1-hour statewide webinar to health department staff (county and State) on current FASD initiatives.

### 2. New Initiatives:

- The NYS DDPC has agreed to release an RFP to fund a statewide "Pregnant Pause" prevention effort. (\$10,000)
- The FASD State Coordinator has been meeting with the 2010 BFSS Planning Committee.
- The FASD State Coordinator has been assisting a group in Western NY to secure funding to open up a FASD Diagnostic Clinic.
- Still in the works: We are working with our Office of Children & Family Services to develop a Training proposal to submit to the FASD Center to assist our Native American communities with FASD and motivational interviewing.
- Still in the works: Looking to update an online FASD training module that was developed several years ago for our providers (and other professionals).

### 3. Update on Action Items from the Last Quarterly Report:

- The FASD State Coordinator attended the NAFSC Airlines Subcommittee Meeting on 1/20/10

## North Carolina

**Coordinator: Janice White, MEd**

### 1. Update on Ongoing Initiatives:

- **Activities of the Task Force**

- Discussion about planning a Task Force.
- Staff with contract agency have written a proposal to initiate statewide task force.

- **Ongoing FASD Initiatives in Your State**

- Training our State-funded inpatient chemical dependency treatment staff in the three sites. Two of three sites trained.
- Developing the manual to train the Community Prevention Resources (CPR) Centers.
- Training across the State in various settings—ongoing.

## **2. New Initiatives:**

- Collaboration with other agencies (Public Health & local University) for presentations at SA conferences.
- Newsletter, newspaper, and Addiction Professionals of NC newsletter—ongoing.

## **3. Update on Action Items from the Last Quarterly Report: N/A**

## **Ohio**

**Coordinator: Melinda Norman**

### **1. Update on Ongoing Initiatives:**

- **Activities of the Task Force**
  - We are partnering with Ohio Center for Autism and Low Incidence to develop and share resources that would be beneficial for all children and specifically for those affected by FASD. We are contributing to their lending library and creating web modules as well as other materials for their center. This is still in the development stages. More information will be forthcoming.
  - We are working with the Ohio ECOT (Electronic Classroom Of Tomorrow) to strengthen the opportunities for our children affected by FASD to be successful in their education.
  - We will be providing regional trainings across Ohio beginning in April and concluding in May.
- **Ongoing FASD Initiatives in Your State**
  - All of our currently integrated activities around media, training and education are continuing.
  - Our topic-specific toolkits are still being utilized and distributed.

### **2. New Initiatives:**

- We are still pursuing signage legislation. Our State Agency Legislative Liaisons are developing a course of action at this time.

## **3. Update on Action Items from the Last Quarterly Report: N/A**

## **Pennsylvania**

**Coordinator: Kathy Jo Stence, CAC**

### **1. Update on Ongoing Initiatives:**

- **Activities of the Task Force**
  - Executive Committee of the Task Force will be meeting in February to review the State Plan and prioritize goals and objectives.
- **Ongoing FASD Initiatives in Your State**
  - Although it is not a State initiative, COMHAR has the Philadelphia FASD Screening, Diagnosis, and Treatment Initiative.

### **2. New Initiatives:**

- FASD Training opportunities are being offered at least 24 times/year in various regions of the State
- Language has been proposed in the new block grant agreements with counties requiring the provision of at least two FASD Prevention activities/year. Also requires each county to have a county liaison who has received training on the topic of FASD.

**3. Update on Action Items from the Last Quarterly Report: N/A**

**Texas**

**Coordinator: Janet Sharkis**

**1. Update on Ongoing Initiatives:**

- **Activities of the Task Force**
  - 1 meeting
  - Reviewed progress and identified issues related to CHOICES
  - Discussed overall goals of task force and the need to refine and clarify
  - Considering doing an in-person meeting next quarter
  
- **Ongoing FASD Initiatives in Your State**
  - Training conducted for school and planned for WIC providers

**2. New Initiatives:**

- Applied for the NIH FASD Prevalence grant

**3. Update on Action Items from the Last Quarterly Report: N/A**

**Washington**

**Coordinator: Sue Green, MPA**

**1. Update on Ongoing Initiatives:**

- **Activities of the Task Force**
  - No meetings since our last NASFC quarterly meeting.
  
- **Ongoing FASD Initiatives in Your State**
  - NOFAS Washington continues to provide support groups and programs without State funding.
  - FAS Diagnostic and Prevention Network continues to provide FASD evaluations; as well as training to professionals—training continues to be funded by the State.
  - Four (4) FASD Diagnostic and Prevention Network Satellite sites (Everett, Yakima, Spokane, Pullman)—funded by the State. Each site sees 24-26 patients per year for evaluation.
  - Ten (10) Parent Child Assistance Programs statewide; three (3) Safe Babies Safe Moms programs statewide. Both are 3-year case management programs for substance abusing women and their children, funded by the State

**2. New Initiatives: N/A**

**3. Update on Action Items from the Last Quarterly Report: N/A**

## Washington, DC

Coordinator: Drena Reaves-Bey, MPA, GCPH

### 1. Update on Ongoing Initiatives:

- **Activities of the Task Force**

- April 2010 FASD Awareness Month Proclamation in the Office of the Secretariat.
- Met with DC Healthy Start Health Educators and scheduled FASD refresher trainings for Family Support and Outreach Workers.
- Planning continues for citywide activities for April 2010.

- **Ongoing FASD Initiatives in Your State**

- Expanded FASD workshops for high risk adolescent females enrolled the "Leaders of Today in Solidarity"—"Girl Talk," sponsored by the Superior Court of the District of Columbia.
- Trying to build collaborative relationship with Addiction Prevention and Recovery Administration, Office of Prevention.

### 2. New Initiatives:

- Letter sent to Jet Magazine: requesting coverage of FASD in their Health/Wellness section, April issue
- DOH, Perinatal and Infant Health Bureau planning an FASD Symposium, 5/26/10

### 3. Update on Action Items from the Last Quarterly Report: N/A