

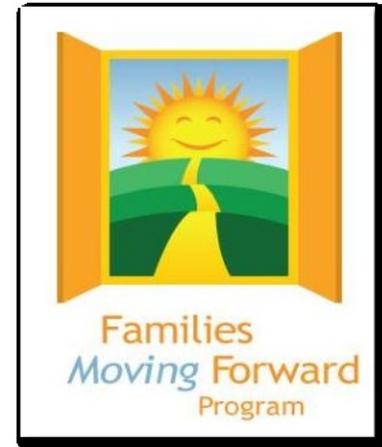
Families Moving Forward Program: A Positive Parenting Approach to FASD Intervention

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- **FASD Diagnostic & Intervention Clinic**
- **FMF Program East Coast Training Center**

Sarasota, Florida



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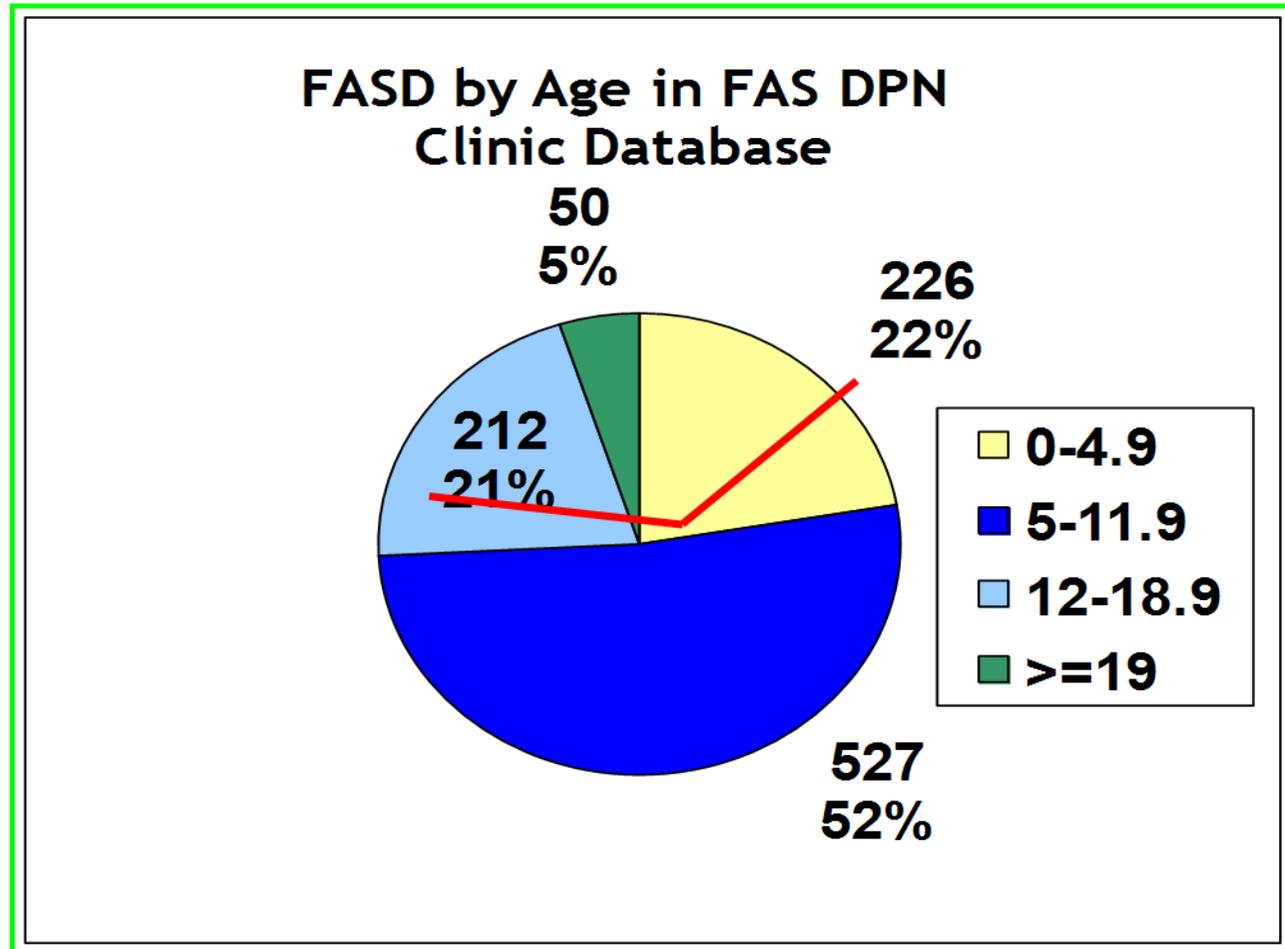
What are... unmet needs for families raising children with FASD & behavior problems?



How to best meet those needs?

What large group... needs services?

- Those at highest risk for secondary disabilities...
- Preschool & school-aged children
- From foster, adoptive, or birth families
- With FASD (or clear prenatal alcohol exposure)... & behavior problems



Who can... deliver Families Moving Forward Program services?

Mental Health
Agencies

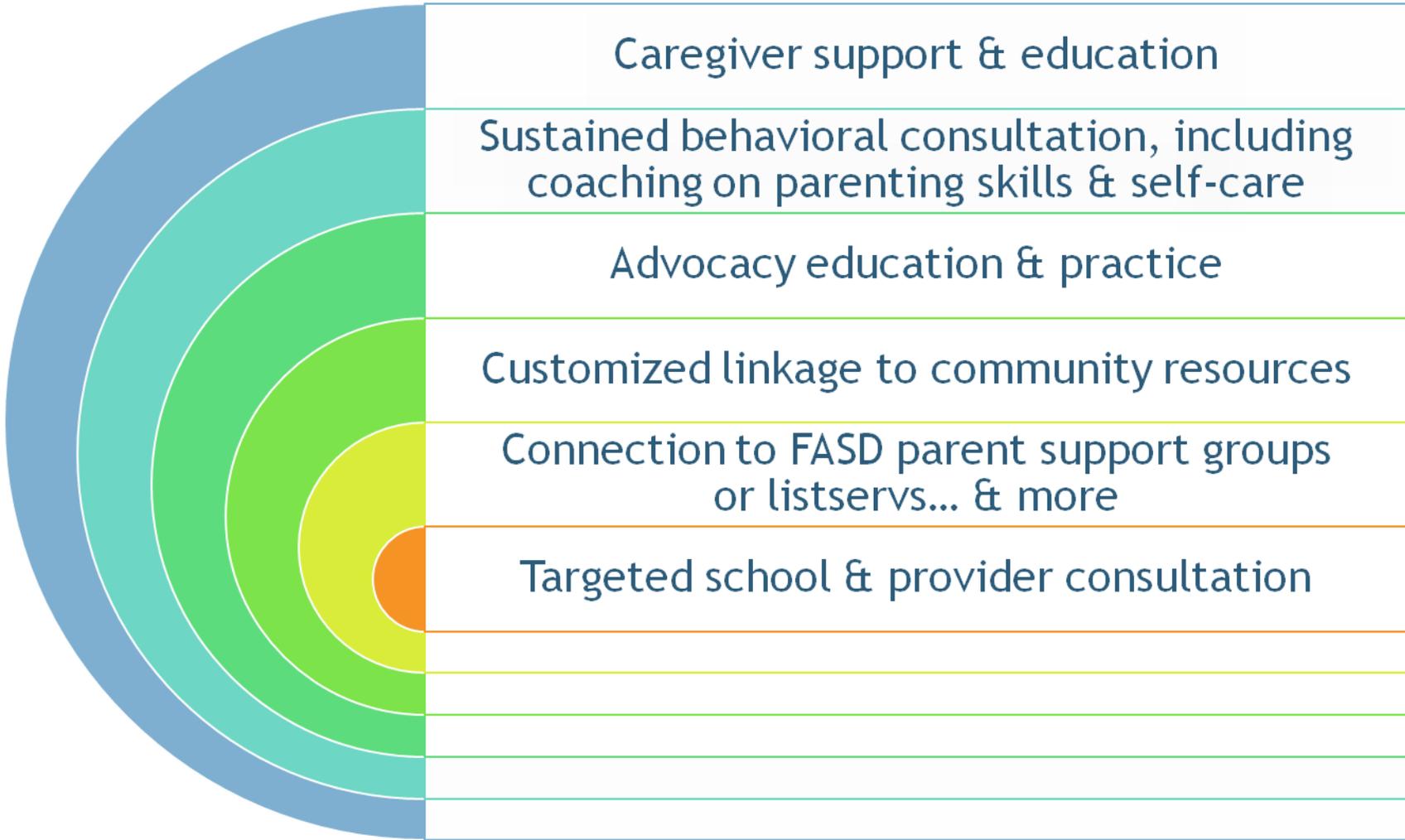
FASD
Diagnostic
Clinics

Child & Family
Community
Services

Children's
Hospitals

Others!
Your ideas?

What are components of the...



**Information the family
needs when they need it**

**Support for caregivers
to become even more
effective advocates**

**A chance for caregivers
to “look forward”
with support**



What are... results of the FMF Program?

- Comparison of two groups in initial test of efficacy
- 26 in each group, randomized control trial
- University-based

Significant results post-treatment for FMF intervention group:

- Very high treatment participation (96%) in home visits
- Increased parenting sense of efficacy
- More positive cognitive appraisal
- Improved parent self-reported use of self-care
- Treatment definitely met family needs
- High treatment & provider satisfaction & acceptability
- Child disruptive behavior improved immediately post-treatment

What are... results of the FMF Program?

- Comparison of new intervention group (n=29) with historical comparison group (n=26) in second test of efficacy: Community-based

Significant results post-treatment for FMF intervention group:

- High treatment participation (82-86% in home visits)
- Intervention is feasible & very acceptable to clinicians & parents
- Increased parenting sense of efficacy (& satisfaction!)
- Treatment definitely met family needs
- ***Findings so far are similar to the initial efficacy trial, even when carried out in the community!***
- ***Agencies being trained in several states***



**FMF Specialists:
Materials**

- Outlines
- Fact Sheets
- Worksheets
- Other materials



**FMF Specialist
HOME PAGE**

[Main home page](#)

Contact
206-987-7581 for
more information

FMF Specialist home

Here is where you will find the FMF intervention materials for use by Families Moving Forward Specialists. Look to the **FMF Specialist Menus** on the left.

FMF Specialist materials are organized in two ways: by interaction type ([session](#), [module](#), [consultation](#)) in which you locate the interaction type you need materials for and then download the materials, and by material type ([outlines](#), [fact sheets](#), [worksheets](#), [other materials](#)).

Most materials are in PDF format. FMF Specialists (who have gone through a formal FMF Training) may print these out before use.

Click the logo in the upper left to return to the non-FMF Specialist portion of the website.

FMF intervention materials are proprietary. Do not print or electronically save materials unless you are a trained FMF Specialist.

**Website Page
for FMF
Specialists**

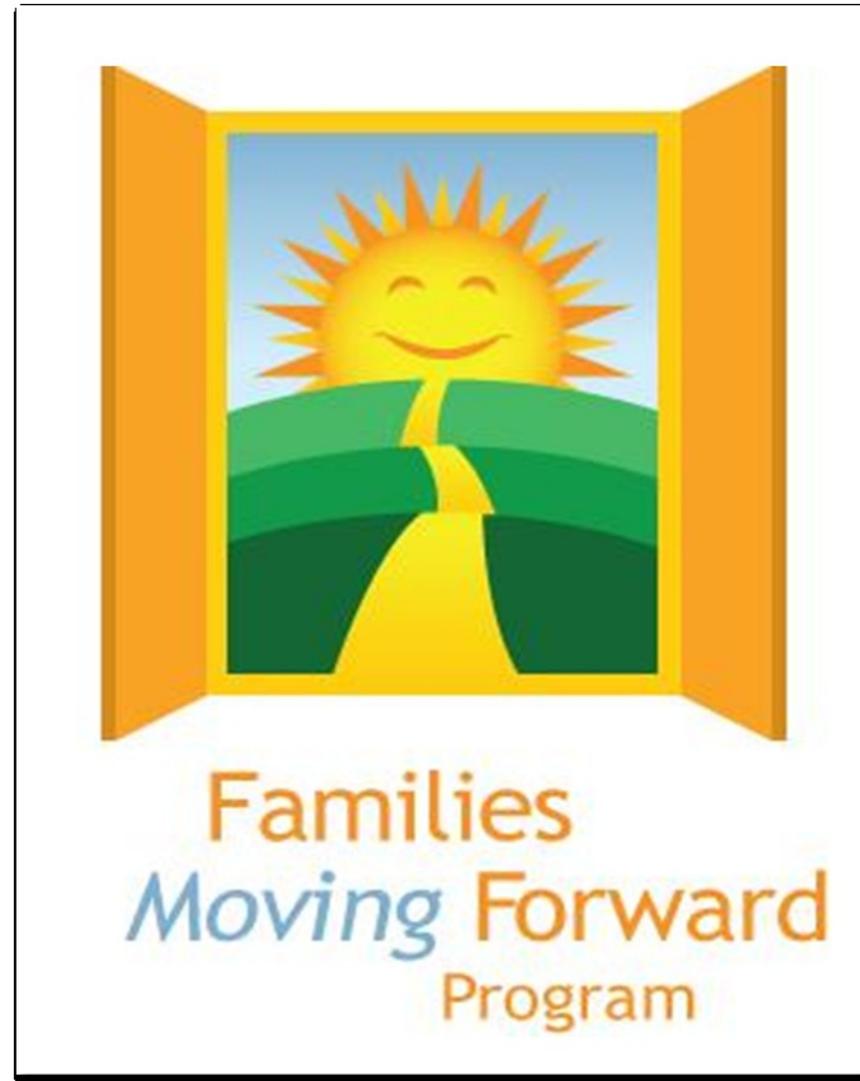
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What are next steps... to bring the FMF Program to your region?

- Step 1: Explore the website
- Step 2: Contact the main FMF Training office:
 - Via the website
 - By phone: (206) 987-7581
- Step 3: Arrange a feasibility phone consultation
- Step 4: Arrange a training!
- Trainings occur:
 - On-site for provider groups (as arranged)
 - At training centers (every 3-4 months):
 - East Coast (Florida)
 - West Coast (Washington State)

Hope



<http://depts.washington.edu/fmffasd/>