



SAMHSA and FASD: Now and Into the Future

Patricia B. Getty, Ph.D.

SAMHSA's Center for Substance Abuse Prevention

Building FASD State Systems Conference
May 2, 2012
Arlington, Virginia



A Vision of Hope

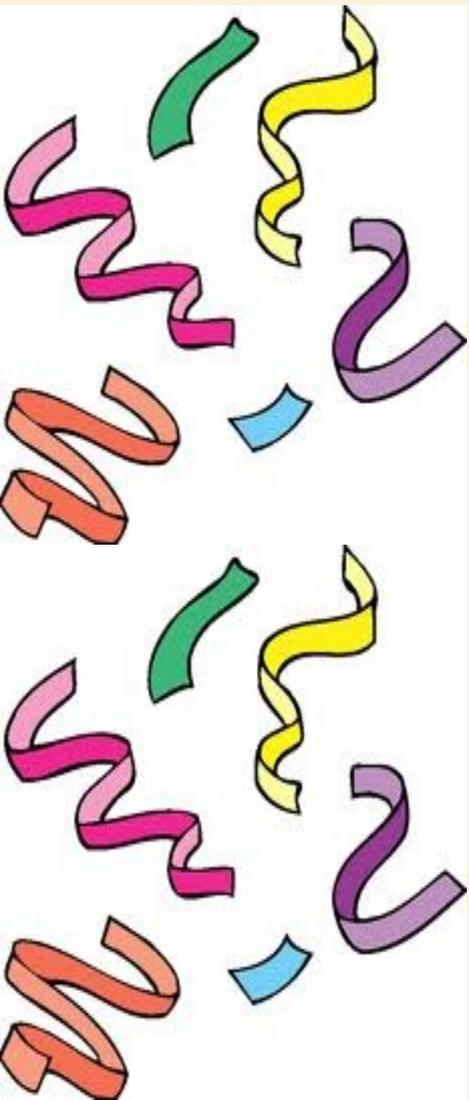


SAMHSA VISION

A nation that understands and acts on the knowledge that:

- Behavioral health is essential to health
 - Prevention works
 - Treatment is effective
 - People recover

FASD Center for Excellence



**A celebration of
over 10 years
of progress**

Where we started

In **2000**, Congress recognized FASD as a significant public health problem and included six mandates addressing FASD in the Children's Health Act of 2000. Section 519D of the legislation called for the creation of one or more centers of excellence to study and disseminate promising practices in the field of FAS

2000: Contract to operate the SAMHSA FASD Center for Excellence

2004: SAMHSA provides funds to integrate FASD prevention and treatment interventions into State, communities, and juvenile courts

The Early Years





Birth Mother Network with FASD Center Project Officer Deborah Stone (second from right)

Alaska's
**FETAL ALCOHOL
SYNDROME**
Project
www.husafate.ak.us/fao



Our Goals

FASD Prevention

- Eliminate alcohol consumption by pregnant women

FASD Treatment

- Improve functioning and quality of life of people with an FASD and their families

Approaches

Approach

- Create sustainable responses to FASD through the integration of evidence-based practices into existing service delivery organizations

Populations Served

- Women at risk of alcohol-exposed pregnancy
- Population likely to have an FASD

FASD Prevention Evidence-Based Practices: 2004

- **Alcohol screening and brief intervention**
Recommended use of:
 - T-ACE, TWEAK, or AUDIT
 - Alcohol quantity and frequency questions
 - 5-A's (assess, advise, agree, assist, arrange) (U.S. Preventive Services Task Force)
- **Project CHOICES**
- **Parent-Child Assistance Program**

What we learned

***Programs are about people – not statistics**

***The need exceeds availability**

- **Training**
- **Website**
- **Call-in line**

Services Needed for Toddlers

Many Doors, No Master Key: Resources Needed for Brandan, Age 1-2 Years

Health

-  Pediatrician
-  Neurologists (2)
-  Pediatric Ophthalmologist
-  Audiologist
-  Otolaryngologist
-  Pharmacy
-  Medical Supply Providers
-  Gastroenterologist
-  Feeding Specialist
-  Nutritionist
-  High-Risk Infant Clinic
-  FAS Diagnostic Clinic
-  Lab and X-Ray Services
-  Surgeons
-  Pulmonologist
-  Respiratory Therapist

Education

-  Physical Therapist
-  Speech/Language Pathologist
-  Infant Educator
-  Cultural Recreational Therapy (e.g., drumming)
-  Birth-3 Program: Occupational Therapist, Speech/Language Pathologist, Teacher, Aide, Play Therapist

Social and Community Services

-  Local Indian Child Welfare Advisory Committee
-  Tribal Social Worker
-  Child Welfare/Case Worker
-  Tribal Council
-  Respite Providers
-  Foster Care System

Legal and Financial Services

-  SSI
-  Medicaid
-  Guardian Ad Litem
-  Judge-Foster Care Issues
-  Attorneys for Birth Parents



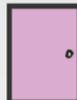
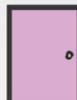
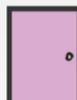
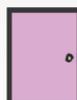
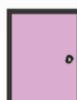
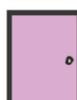
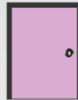
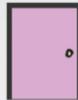
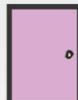
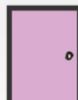
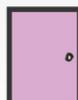
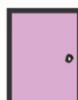
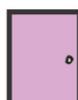
~ About 40 service providers



Services Needed for Elementary School Children

Many Doors, No Master Key: Resources Needed for Brandan, Elementary School Years

Health

-  Pediatricians (2)
-  Neurologist
-  Pediatric Ophthalmologist
-  Audiologist
-  Otolaryngologist
-  Pharmacy
-  Psychiatrist
-  Allergist
-  Nutritionist
-  High-Risk Infant Followup Clinic
-  FAS Clinic
-  Lab and X-Ray Services
-  Surgeons
-  Occupational Therapist
-  Respiratory Therapist
-  Speech/Language Therapist
-  Sensory Integration Therapist
-  Mental Health Therapist/Family Support

Education

-  School Psychologist
-  Multidisciplinary Team
-  Occupational Therapist
-  Speech/Language Pathologist
-  Counselor
-  Assistive Technology
-  Self-Contained Classroom Teacher
-  Educational Aide
-  Special Education Bus
-  Guitar Lessons

Social and Community Services

-  Local Indian Child Welfare Advisory Committee
-  Tribal Social Worker
-  Child Welfare/Case Worker
-  Tribal Elders
-  Respite Providers
-  Daycare
-  Div. of Dev. Disabilities Case Manager
-  Social Skills/Friendship Group
-  FAS Family Summer Camp
-  Tribal Involvement
-  Special Olympics
-  FASD Family and Community Support Group
-  Swimming Lessons
-  Medicaid Personal Care Provider

Legal and Financial Services

-  SSI
-  Medicaid
-  Adoption Support



~ About 50 service providers



Materials Developed

FETAL ALCOHOL SPECTRUM DISORDERS

The Basics



SAMHSA
Fetal Alcohol Spectrum Disorders
Center for Excellence



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
www.samhsa.gov

My Sibling Has a Fetal Alcohol Spectrum Disorder

Can I catch it?



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Center for Substance Abuse Prevention
www.samhsa.gov

Cómo tener un bebé saludable:
Sea una futura madre que no toma.



DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Center for Substance Abuse Prevention
www.samhsa.gov

Reach to Teach

Educating Elementary and Middle School Children with Fetal Alcohol Spectrum Disorders



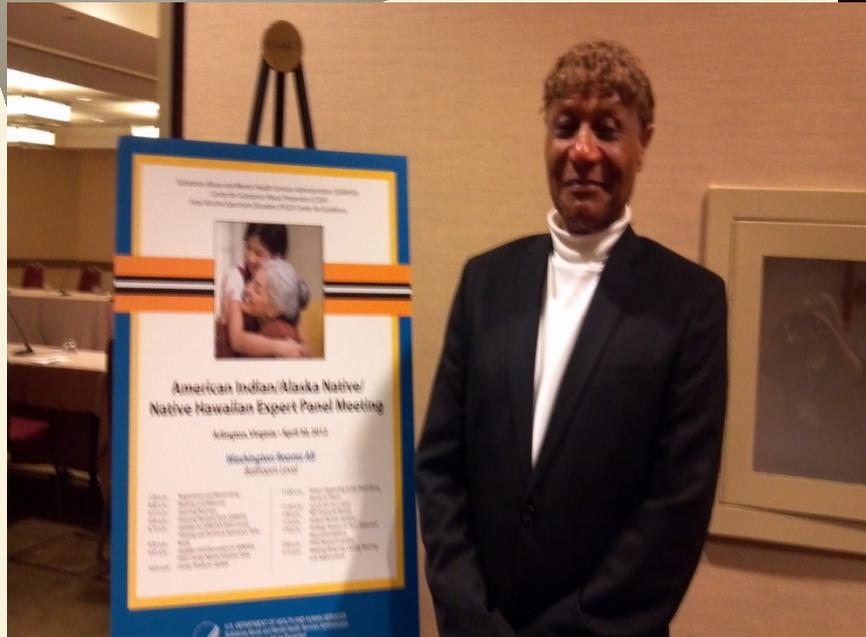
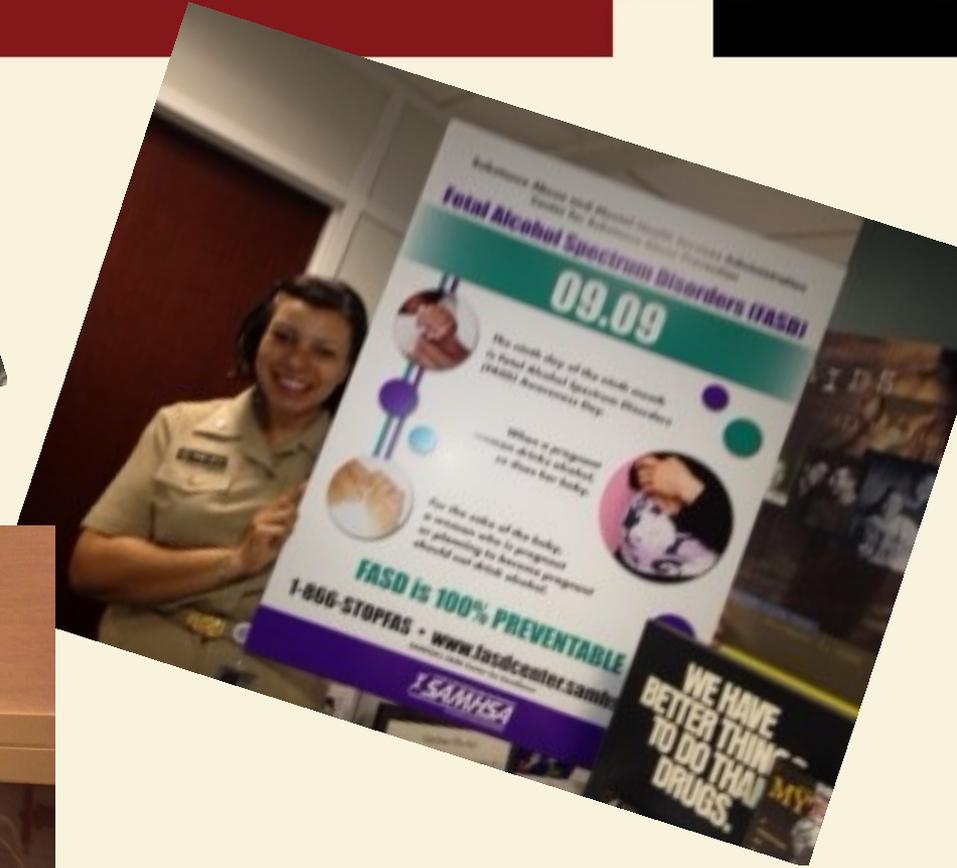
DEPARTMENT OF HEALTH AND HUMAN SERVICES
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SAMHSA FETAL ALCOHOL SPECTRUM DISORDERS CENTER FOR EXCELLENCE
American Indian/
Alaska Native/Native Hawaiian
Resource Kit



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
www.samhsa.gov

The SAMHSA Staff



Josefine and Callie



Our Journey

- Native American Center for Excellence
- Birth Mothers
- NOFASD
- State Coordinators
- Expert Panel
- AI/AN/NH Expert Panel
- TIP
- Training

SAMHSA FASD Center

Strategic Initiatives: Vital Few

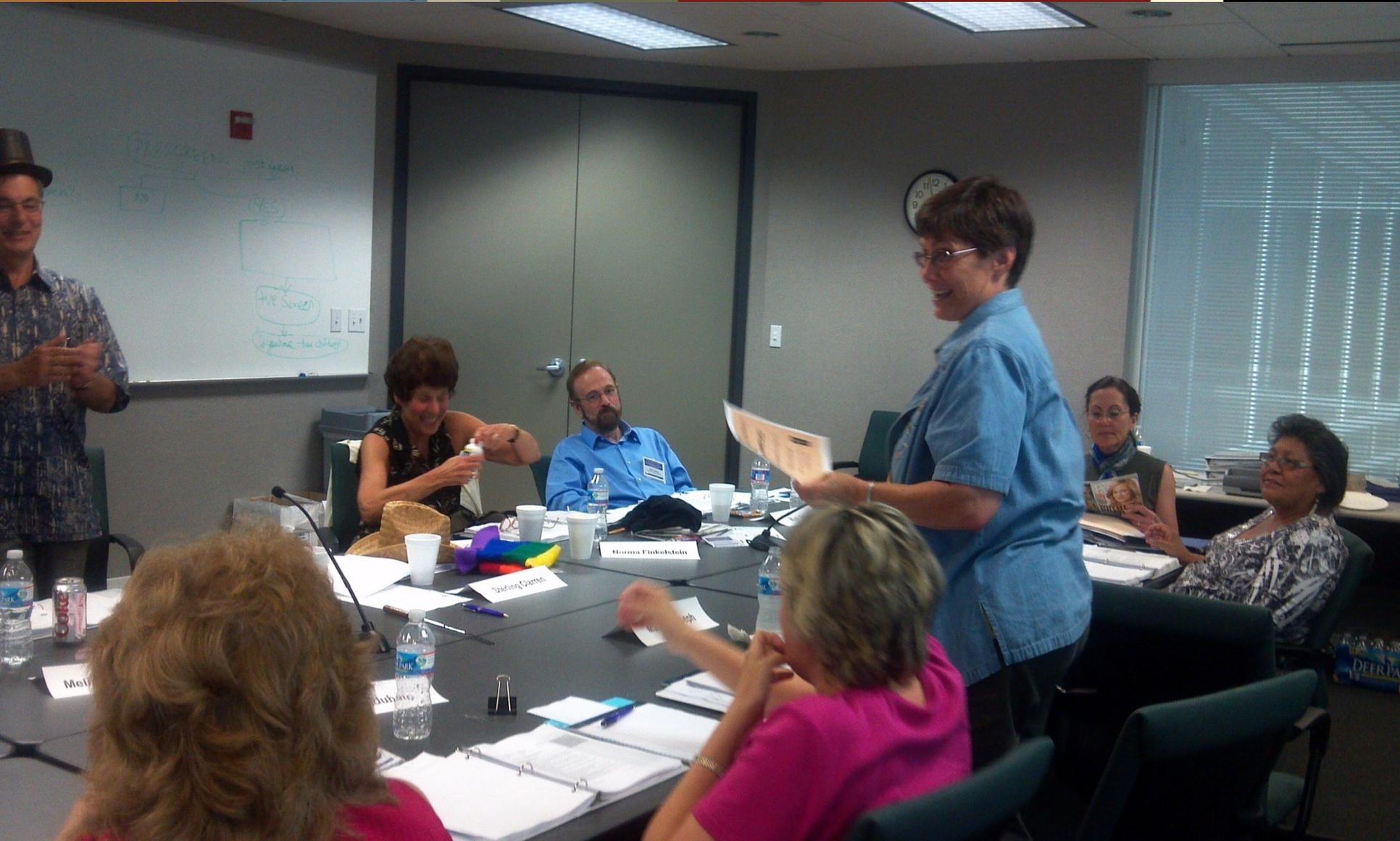
- Prevent, reduce, or eliminate alcohol use/abuse during pregnancy to end FASD.
 - Increase public knowledge of the danger and potential consequences of alcohol-exposed pregnancies
- Address the needs of special and vulnerable populations.
 - Native communities, women in substance abuse treatment and recovery, military families, teens and young adults

SAMHSA FASD Center

Strategic Initiatives: Vital Few

- Improve the well-being of individuals with an FASD and their families.
- Avoid/minimize co-occurring issues.
 - Mental illness, substance abuse
- Avoid/minimize secondary disabilities.
 - Incomplete education, unemployment, joblessness, homelessness, incarceration, social isolation, premature death

The Treatment Improvement Plan (TIP) Committee at work



Hard at Work



TIP Discussions



FASD Prevention and Intervention at SAMHSA

Collaborate to promote FASD awareness and prevention in SAMHSA's substance abuse prevention grants using universal/environmental strategies:

- Substance Abuse Prevention and Treatment Block Grant
- Strategic Prevention Framework Grants
- (ONDCP) Drug Free Communities Coalitions

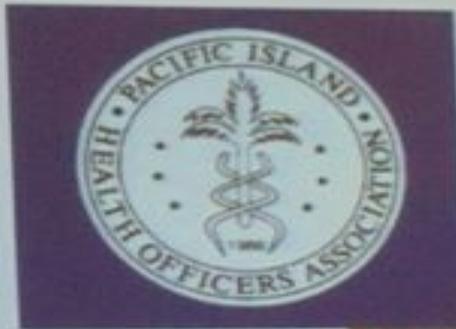
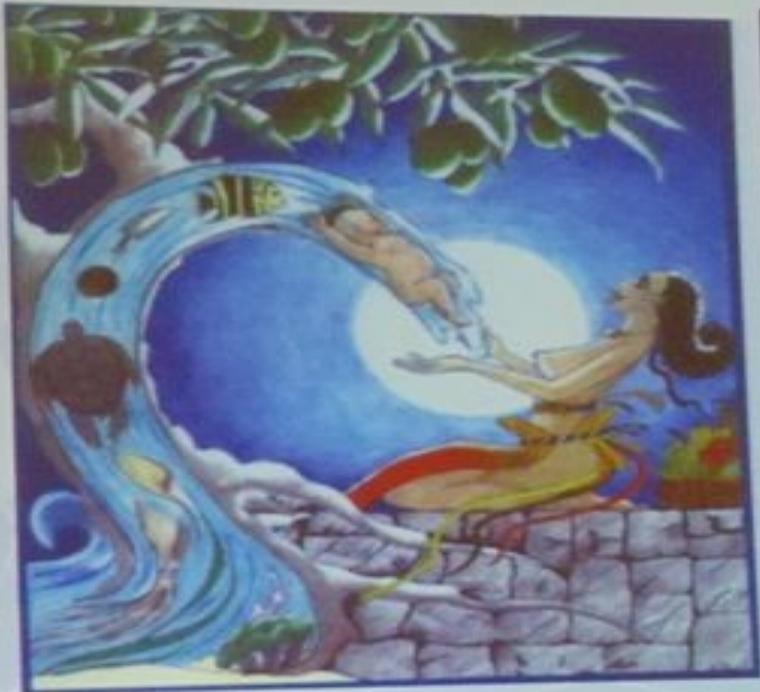
SAMHSA FASD Prevention: Multifaceted, Multiagency Approach

- Native Leaders and Elders Conferences
- Native American Center for Excellence (NACE)
- National Prevention Network (NPN)
- Center for Mental Health Services (CMHS) and Center for Substance Abuse Treatment (CSAT)
- SAMHSA TAC committee (pending)

Native Leaders Conference – Honolulu, Hawaii, October 2011

Native Leaders Conference: Supporting Native Hawaiian and
Pacific Islander Families: Making FASD a Priority

FASD – Linked to the NCD Emergency in the Pacific Islands



PIHOA

24 October 2011

Honolulu, HI

FASD Native Leaders Conference – Honolulu, Hawaii, October 2011



FASD Native Leaders Conference – Anchorage, Alaska, March 2012



FASD Center Prevention: Multi-faceted, Multi-agency Approach

30

- National Institute on Alcohol Abuse and Alcoholism (NIAAA) coordinates:
 - Interagency Coordinating Committee on FASD (ICCFASD) provides expert advice and direction to the FASD Center; with representatives from:
 - Centers for Disease Control and Prevention, National Center on Birth Defects and Developmental Disabilities
 - Health Resources and Services Administration
 - Office of Juvenile Justice and Delinquency Prevention
 - National Institute for Child Health and Human Development
 - Indian Health Service
 - Agency for Healthcare Research and Quality

Native American Training for SAMHSA Project Officer Trainings



FASD Center Prevention: Multifaceted, Multiagency Approach

- Centers for Disease Control and Prevention
 - Data sharing
 - Expert advice and direction to the FASD Center
 - National Organization on Fetal Alcohol Syndrome
 - Regional Training Centers (RTCs)

FASD Center Prevention: Multifaceted, Multiagency Approach

- Health Resources and Services Administration (HRSA)
 - Part of TIP stakeholder process
- Office of Juvenile Justice and Delinquency (OJJDP)
 - Provide ongoing training and technical assistance on FASD within and outside subcontractor initiatives
- Alcohol Policy 15
 - The SAMHSA FASD Center for Excellence provided training on FASD at a conference focused on national/international alcohol problems, policies

Our Future

- TIP
- ARND diagnosis tool
- DSMV FASD billing code
- New service-to-science Evidence Based Program possibilities
- Affordable Care Act
- Stronger collaboration with partners (ICCFASD)
- Native American Partners

SAMHSA Budgetary Priorities, FY13

- **Substance Abuse Treatment and Mental Health Services**
- **Prevention**
 - Substance Abuse State Prevention
 - Mental Health State Prevention
 - Behavioral Health Tribal Prevention
- **Testing and Delivering Targeted Interventions**
 - Addressing Trauma
 - Assisting in the Transition from Homelessness
 - Preventing Suicide
 - Responding to Disasters
- **Other Activities**
 - Protecting Individuals with Mental Illness
 - Health Surveillance and Program Support

The Question We All Have

What does the future hold for FASD
and the Center for Excellence

??



SAMHSA FASD Center for Excellence

Contracting Officer Technical Representatives:

Jon Dunbar-Cooper, M.A., CPP

Patricia B. Getty, Ph.D.

2101 Gaither Road, Suite 600

Rockville, MD 20850

1-866-STOPFAS (786-7327)

<http://www.fasdcenter.samhsa.gov/>

