

*Substance Abuse and Mental Health Services Administration  
Center for Substance Abuse Prevention  
Fetal Alcohol Spectrum Disorders (FASD) Center for Excellence*

**Building FASD State Systems (BFSS) Conference**  
Arlington, Virginia • May 1-3, 2012

***Report from the SAMHSA FASD  
Center for Excellence***

**Callie B. Gass  
Project Director**



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# A Little History

- In 2000, Congress recognized FASD as a significant public health problem and included six mandates addressing FASD in the Children's Health Act of 2000.
- This landmark legislation called for the creation of one or more centers of excellence to study and disseminate promising practices in the field of FAS.
- SAMHSA responded by establishing the FASD Center for Excellence in 2001.



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# The Six Congressional Mandates

## From the Children's Health Act of 2000, Sect. 519D:

1. Study adaptations of innovative clinical interventions and service delivery improvement strategies for children and adults with an FASD and their families.
2. Identify communities with exemplary comprehensive systems of care for such individuals so that they can provide TA to other communities attempting to set up such systems of care.
3. Provide TA to communities that do not have a comprehensive system of care for such individuals and their families.



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# The Six Congressional Mandates

4. Provide training to appropriate communities, providers, criminal justice personnel, social service and child welfare professionals, and others on the implications of FASD and early identification of and referral for such conditions.
5. Develop innovative techniques for preventing alcohol use by women in childbearing years.
6. Perform other functions, to the extent authorized by the Secretary after consideration of recommendations made by the National Task Force on FAS.



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# Innovative Field Interventions/Service Integration Strategies

Sites Working with Women of Childbearing Age (15)	September 2008 through January 31, 2012
Number screened	<b>34,691</b>
Number screened positive	<b>7,940</b>
Number entered into a treatment program	<b>5,980</b>



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# Innovative Field Interventions/Service Integration Strategies

Sites Providing FASD Diagnosis & Intervention (8)	September 2008 through January 31, 2012
Number screened	<b>7,805</b>
Number screened positive	<b>1,219</b>
Number of FASD evaluations completed/Number positively diagnosed	<b>671/350</b>
Number entered into a Tx program	<b>300</b>



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# Identifying Exemplary Comprehensive Systems of Care

- In addition to subcontractors, additional systems of care are being identified through ongoing technical assistance to 24 promising programs/service models nationwide.
  - Assisting with application to SAMHSA programs:
    - National Registry of Evidence-based Programs and Practices (NREPP);
    - Native American Center for Excellence (NACE) Academy; or
    - Science-to-Service Academy.



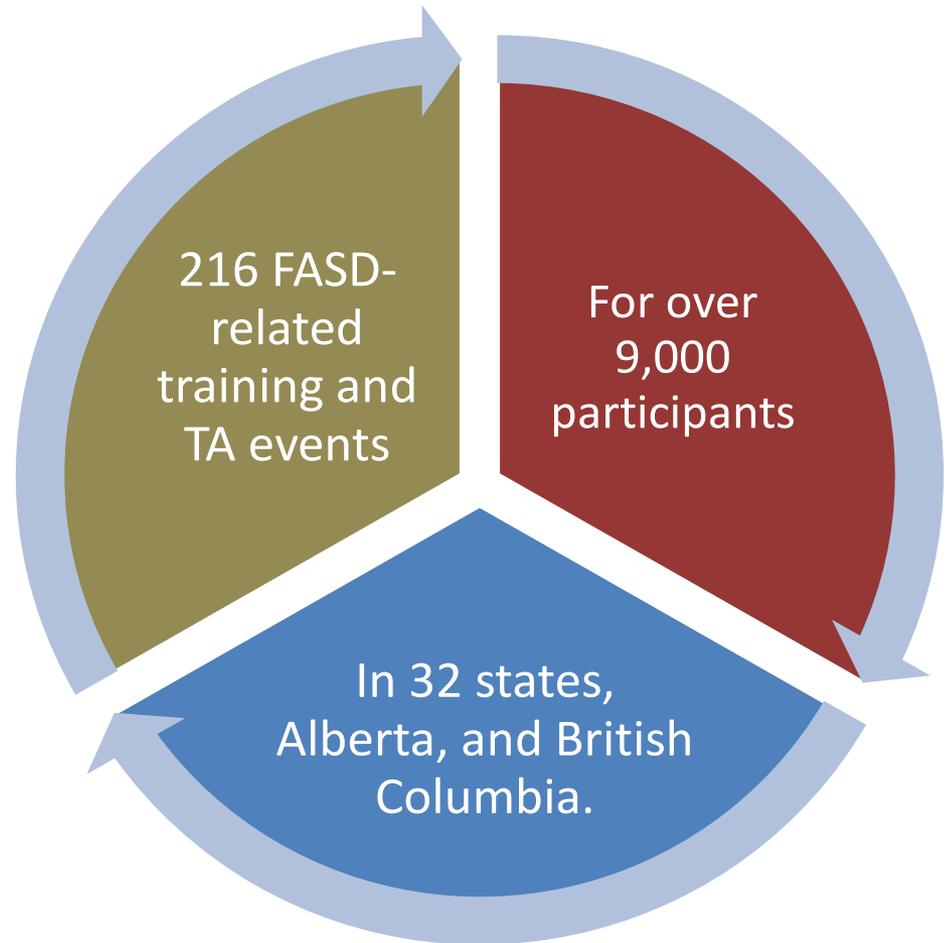
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# Training and Technical Assistance (TA)

Between August 2007 and the end of February 2012, the Center provided...



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# TA: State Plans and Systems

- Since 2008, the Center has provided direct TA for the development of FASD strategic State plans in Alaska, Delaware, Hawaii, Michigan, and South Carolina, as well as general support to many other States developing state action plans and/or FASD task forces.
- The Center is currently providing TA to the Washington State Division of Behavioral Health and Recovery, and to a network of women's treatment centers in Pennsylvania.



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# Inter-Programmatic Technical Assistance and Support

Since 2009, subcontractors and promising programs have formed four Learning Communities:

- **Diagnosis:** Building consensus on the FASD diagnostic process and improve diagnostic outcomes
- **FASD Prevention and Treatment–Addressing Race, Ethnicity, and Culture in Service Delivery:** Sharing strategies for effectively and respectfully addressing race, ethnicity, and culture and its impact on FASD services
- **FASD Programs:** Allowing programs to support and strengthen each other along the evidence-based continuum
- **State Systems:** Promoting information-sharing across State subcontracts, regardless of intervention type



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# Providing Training: Training the Trainers

<b>Field Trainers Event (Location, Date)</b>	<b>Number of Participants</b>	<b>'Agreed' or 'Strongly Agreed' that the meeting provided adequate new knowledge of FASD</b>
Orlando, FL, June 2009	51	96%
Orlando, FL, July 2010	80	99%
Anaheim, CA, July 2011	90	97%



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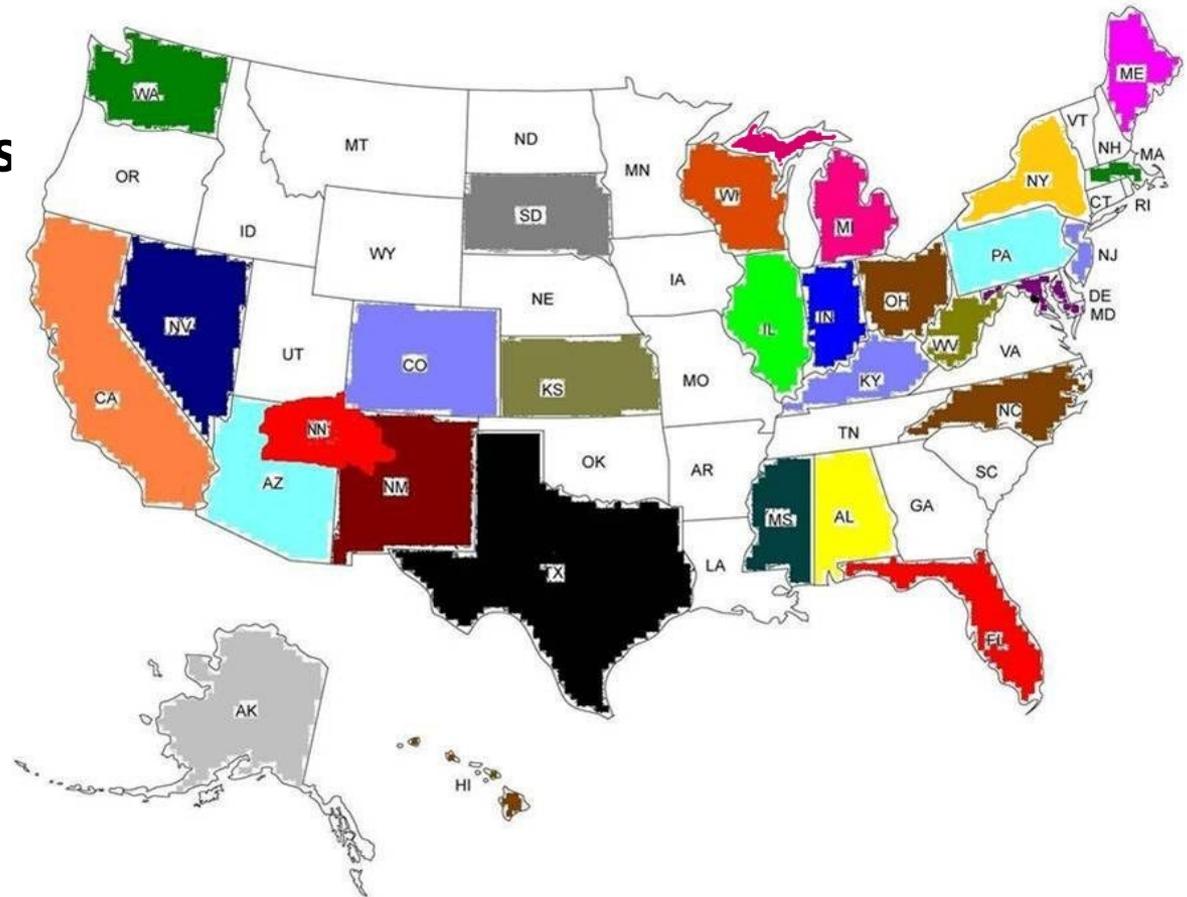
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# Innovative Techniques:



**NAFSC**  
National Association of  
FASD State Coordinators

- **33 Members**
- **28 States**
- **District of Columbia**
- **Navajo Nation**



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# Innovative Techniques: Support Organizations



Birth  
Mothers  
Network



Self-  
Advocates  
with FASD  
in Action

60 members  
in 19 states  
and the  
District of  
Columbia



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# Innovative Techniques: Building FASD State Systems (BFSS) Conference

Returning to where it all started back in 2003!



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# Innovative Techniques: Building FASD State Systems (BFSS) Conference

After 10 years and 9 meetings, it is clear that BFSS is succeeding in two of its most significant objectives:

1. Facilitating the development and growth of groups like NAFSC and SAFA, as well as learning communities and the collaborative networking necessary to form the foundations of a system of care for FASD; and
2. Providing an annual mechanism to assist—and assess—the growth *of* the field of FASD as guided *by* the field of FASD.



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# Innovative Techniques: American Indian/Alaska Native/Native Hawaiian Initiative

## Native Leaders Conferences

- Three now completed!
  - Tribal Leaders Conference: June 2011 in Milwaukee, Wisconsin (54 attendees)
  - Pacific Island Native Leaders Conference: September 2011 in Honolulu, Hawaii (42 attendees)
  - Alaska Native Leaders Conference: March 2012 in Anchorage, Alaska (76 attendees) (next slide)



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## Innovative Techniques: American Indian/Alaska Native/Native Hawaiian Initiative

- Alaska Native Leaders Conference received widespread media coverage
  - One week later, U.S. Senators Tim Johnson (D-SD), Lisa Murkowski (R-AK), Mark Begich (D-AK), and Daniel Inouye (D-HI) introduced **The Advancing FASD Research, Prevention, and Services Act** to improve research, prevention, and services for FASD!



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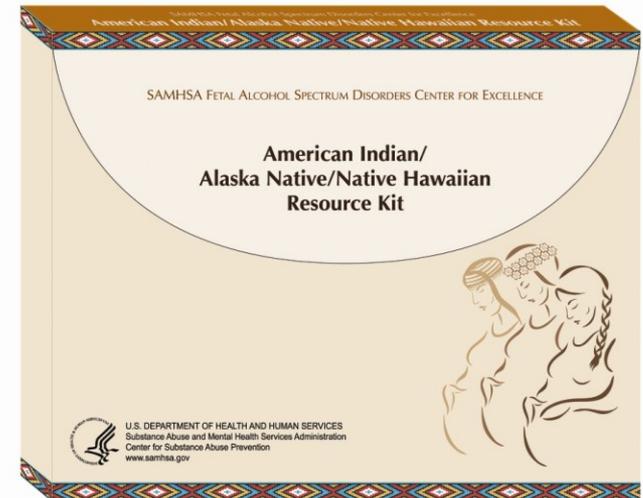


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# Innovative Techniques: American Indian/Alaska Native/Native Hawaiian Initiative

## Native Resource Kit

- Conducted extensive feedback session on fully revised kit in March 2012 with Native professionals and consumers in Anchorage, Alaska



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# Innovative Techniques: American Indian/Alaska Native/Native Hawaiian Initiative

## Task Force Established

- Tohono O'odham FASD Task Force

## Potential Task Force Locations for Future

- Cherokee Nation
- Montana-Wyoming Tribal Leaders Council



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# Other Recommended Functions: Information Resource Center

INFORMATION RESOURCE CENTER (IRC)		
Period	Total Inquiries	Per-Month Average
2007-2008	449	37.4
2008-2009	480	40.0
2009-2010	510	42.5
2010-2011	466	38.8
2011 through March 2012 (8mo)	349	<b>43.6</b>
Total	2,254	40.25



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# Other Recommended Functions: Multimedia Development

Resource	Highlight
Official Center Web Site	More than 18,000 unique visitors to the site each month, on average
Popular Publications (next slide)	Now averaging more than 20,000 downloads of just the top ten pubs each month
Searchable Database	Now contains over 15,000 fully searchable FASD-related items in print and multimedia



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# Other Recommended Functions: Multimedia Development

*FASD: The Basics*

- Over 215,000 downloads

*Reach to Teach*

- Over 200,000 downloads

*Understanding FASD:  
Getting a Diagnosis  
(WYNK Fact Sheet)*

- Over 140,000 downloads



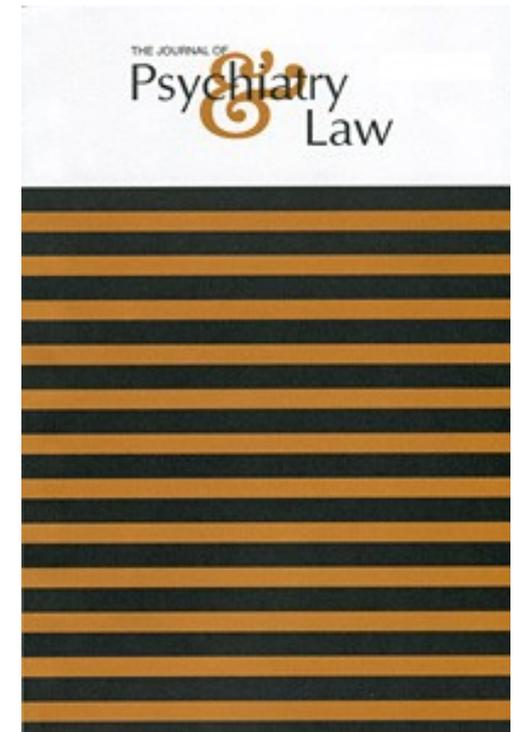
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# Other Recommended Functions: Raising Awareness in Other Fields

- Center staff published in *Journal of Psychiatry & Law*, 39(1) [Spring 2011]
- Discusses legal and psychological implications of non-disclosure in adoption cases involving an FASD



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# Other Recommended Functions: Raising Awareness Across the Spectrum of Care



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# Other Recommended Functions: Raising Awareness Across the Spectrum of Care



National Center for Infants, Toddlers, and Families



National Prevention Network  
Prevention Research Conference



## Indian Health Service

The Federal Health Program for American Indians and Alaska Natives



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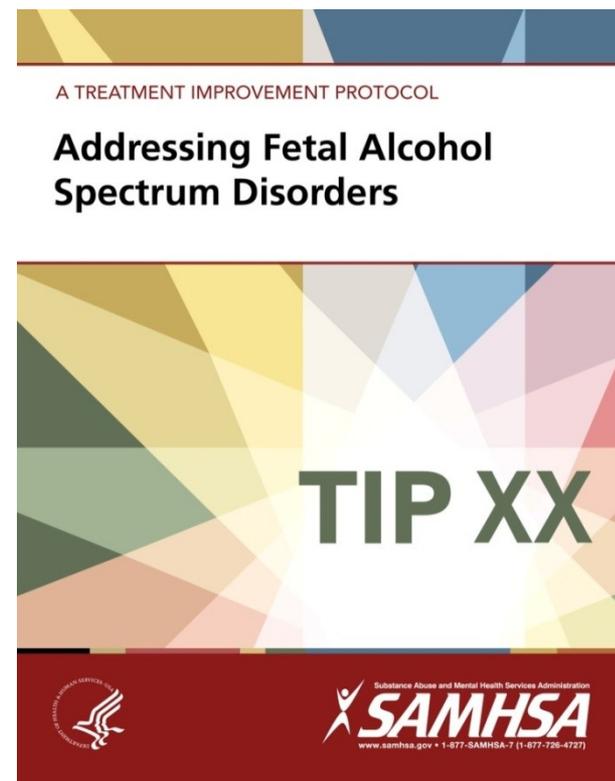


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# Other Recommended Functions: Consensus Documents



- Panel sessions: Clinical - July 2011, Administrative - Dec 2011
- Online and hard-copy field review just concluded
- Anticipated submission to CSAP for content clearance: July 2012



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# History

- Started with “A Little History”
- Actually, we’ve made ***a lot*** of history in the last ten years
- The progress is enormous...



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# Progress = Services

Between 2003 and 2012, States have reported significant increases in activities designed to provide greater services for families affected by FASD.

Service Enhancement Activity	States reporting, 2012	% increase since 2003
Providing in-service training of clinicians, social workers, or other professionals	74%	↑ 33%
Assessing community needs to care for FASD-affected families	32%	↑ 19%
Maintaining or endorsing guidelines for FASD service delivery	21%	↑ 15%



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# Progress = Resources

Between 2009 and 2012, States have reported significant increases in the availability of trained staff and resources to meet state needs for FASD **prevention** and **treatment**.



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# Progress = Prevention Resources

Prevention Resource	25 States reporting in 2009 and 2012	% increase since 2009
Curriculum (professional setting)	6 states reported increase in 2012	 24%
Training and TA	8 states reported increase in 2012	 32%



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# Progress = Treatment Resources

Treatment Resource	States reporting availability, 2012	% increase since 2009
Curriculum (professional setting)	34%	↑ 3%
Educators/ Education	34%	↑ 15%
Training and TA	54%	↑ 10%



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# Future

- Still a long way to go
- We have a foundation
- Going forward:
  - Sustainability
  - Achieving a fully-networked system



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**State  
Coordination**

**Training / TA**

**Innovative  
Techniques**

**Dissemination**

**Learning  
Communities**

**Advocacy and  
Awareness  
Raising**



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