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# Report from the SAMHSA FASD Center for Excellence 2010-11

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Project Director  
FASD Center for Excellence

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*Rising to the Challenge of FASD*  
*2011 Building FASD State Systems Conference*

Phoenix, Arizona  
May 12, 2011



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES  
Substance Abuse and Mental Health Services Administration  
[www.samhsa.gov](http://www.samhsa.gov)



SAMHSA  
Fetal Alcohol Spectrum Disorders  
Center for Excellence



# Quick 'Housekeeping' Items

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- Lunch “On Your Own” today from 12:30pm to 1:45pm, and on Friday at 12:30pm.
  - ✎ Your BFSS folder should contain a hotel map. Information on local restaurants at the registration table.
  - ✎ Numerous restaurants and other amenities are within walking distance of the hotel. To venture further, taxis are available at your own expense.



# 'Housekeeping'

(cont'd)

- Ground transportation between the Phoenix Sky Harbor Airport and Wyndham Hotel is provided by SuperShuttle. To make a reservation link to:
  - › <https://www.supershuttle.com/default.aspx?GC=Z2QKT> on the Web or
  - › Call 1-800-BLUEVAN and mention code Z2QKT to receive the discount.
- Now let's take a quick run through the agenda.
  - › Should be a copy in your folder.



# Conference Agenda Highlights

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- **Thursday, May 12**
  - › **Plenary:** At 8:40am, a panel of dads of children with FASD. CSAP Director Virginia Mackay-Smith will deliver the opening keynote address on SAMHSA's future vision for FASD services at 10:30.
  - › **Plenary:** From 11:15pm to 12:30pm, Susan M. Smith, Ph.D., President of FASD Study Group and professor at the University of Washington will speak on current science and research trends in the FASD field.
  - › **Lunch:** On your own, starts at 12:30pm
  - › **Breakout Sessions–Round 1:** 1:45pm to 3:15pm
  - › **Breakout Sessions–Round 2:** 3:30-5:00pm
  - › **Dinner & Networking on your own:** 5:00pm–until



# Conference Highlights (cont'd)

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- **Friday, May 13**
  - › **Plenary:** At 8:05am, a panel of project directors will discuss their collaborative efforts to bring evidence-based guidelines and research into practice in their State. Diane Castro, Director of Alaska's Behavioral Health, Prevention, and Early Intervention Services will moderate.
  - › **Breakouts:** From 9:45am to 11:15am
- **Plenary:** At 11:30am, we will return to the North Ballroom to for the closing plenary. Trisha Hinson will share her State's success with *Creative Solutions for Sustainability*.
- **Wrap-Up & Closing:** Concluding remarks for the conference will be at 12:15pm, with adjournment at 12:30.



## Conference Highlights (cont'd)

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- Some breakout topics planned for this year include:
  - › Developing Diagnostic Capacity in Your State
  - › Preventing FASD by Creating a Circle of Hope
  - › The Big Picture on Grassroots Advocacy in Alcohol Policy
  - › Changing Social Norms by Engaging Prenatal Care Providers in Your State
  - › Strengthening Recovery to Reduce Alcohol-Exposed Pregnancies
  - › Integrating FASD Prevention and Intervention Services for Successful Sustainability

# SAMHSA FASD Center Update

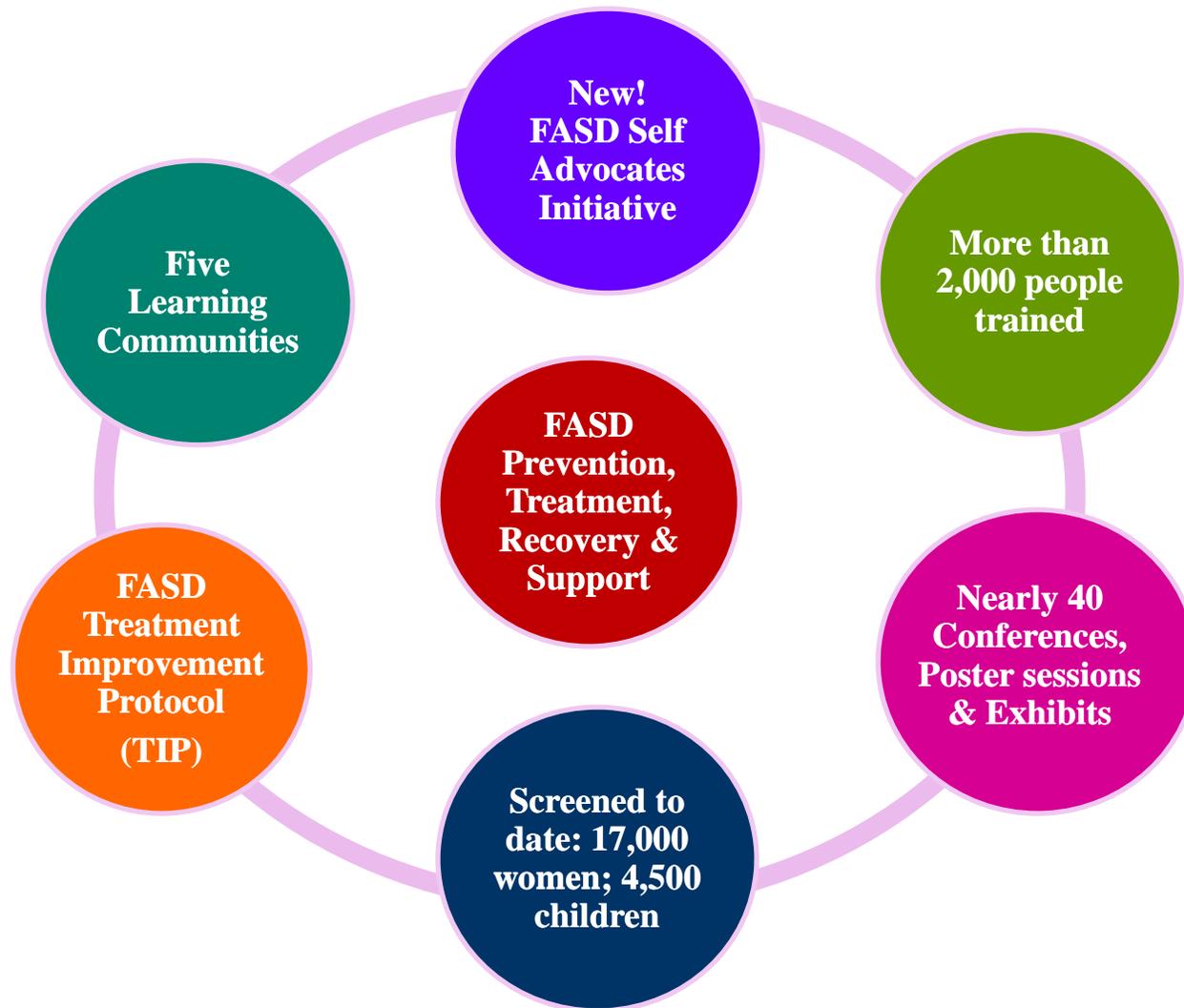
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- Highlights of FASD Center activities since we last met.



# We've Been Busy!



# Training and Technical Assistance

## Task 2

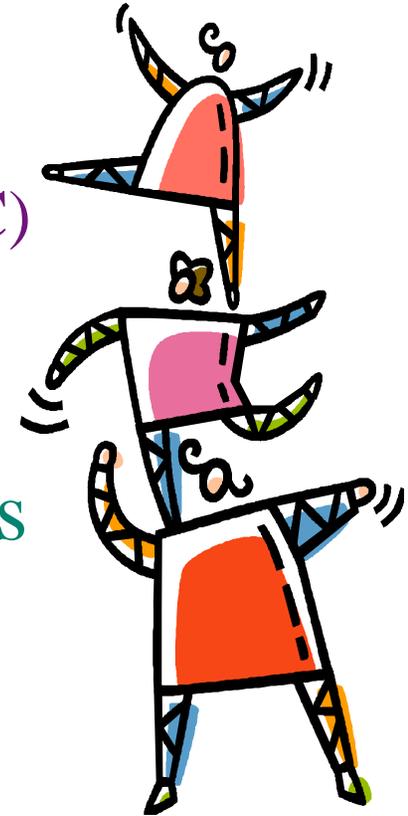
- Since BFSS 2010:
- 44 training/technical assistance events and meeting presentations
- Training delivered to more than 2,000 participants in 17 States:

Alaska	Mississippi	Vermont
Colorado	Nevada	Virginia
District of Columbia	Pennsylvania	Wisconsin
Illinois	South Carolina	Wyoming
Maryland	Tennessee	
Michigan	Texas	

# Training and Technical Assistance

## Task 2

- Ongoing Technical Assistance
  - Supporting development of strategic plans in three States (MI, DE, and SC)
  - Supporting programmatic change at residential treatment center for youth
- Continuing Education of Trainers
  - Field Trainers Update, July 2010
  - Updated 80 attendees with new information in the field
  - 92% said information “very relevant” to their work



# Self Advocates with FASD in Action (SAFA)

## Task 2

- Kicked-off in March 2011
- Self-advocacy network for young adults with an FASD (age 18 and over)
- Thirteen charter members
- Coordinators and liaison are members of the FASD Center Expert Panel, where SAFA was conceived
- Overall goal: Build and support a strong network of self advocates

# Subcontractor Activities



- Twenty-three (23) local, State, and juvenile court subcontracts
- Option Year 4
- Main focus: completing Sustainability Plans

# Subcontractor Activities: Screening for Alcohol Use

## Task 3

- 15 sites screen women who are pregnant or of child-bearing age for alcohol consumption
- Aggregate data thus far show:
  - › 16,976 women screened
  - › 3,841 screened positive
  - › 62% screened positive have received an intervention



# Subcontractor Activities: Diagnosis and Intervention

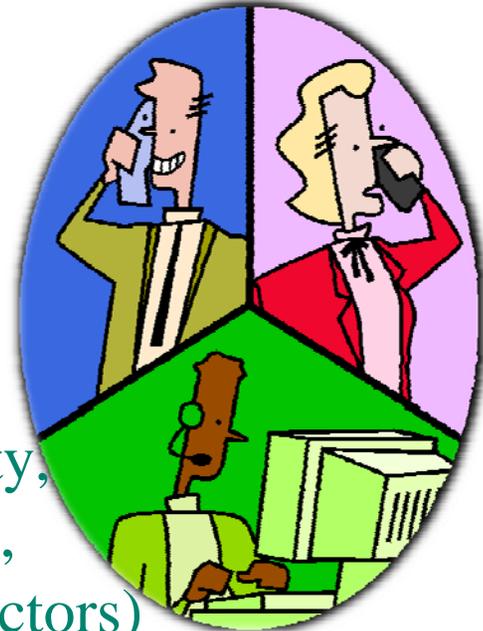
## Task 3

- 8 sites conduct FASD diagnoses of children, youth, and adolescents. Aggregate data thus far show:
  - › 1,455 screened for possible diagnostic referral
  - › 198 screened eligible for referral
  - › 38 diagnostic evaluations completed
  - › 32% have FASD diagnoses

# Subcontractor Activities: Leveraging Our Experience

## Task 3

- Subcontractors now participate in three FASD Center Learning Communities:
  - › FASD Prevention and Treatment: Addressing Race, Ethnicity, and Culture in Service Delivery, began March 2011
  - › State Systems Learning Community, October 2010 (includes prevention, treatment, and diagnosis subcontractors)
  - › Medical and Psychological Diagnostic Learning Community launched November 2009



# TIP Development: Current Work

## Task 4

- Major additions to three sections:
  - › “Introduction”
  - › “Prevention of AEP”
  - › “Diagnosis and Intervention for Individuals with Alcohol Exposure and/or Diffuse Brain Disorders”
- Writing Part 1
- 4-day Clinical Consensus Panel Meeting, July 18-21, 2011



## Service-to-Science

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- Identify FASD-focused programs (ongoing process)
- Contact programs to collect data
- Add program information to database
- Notify suitable programs that FASD Center is available resource
- Programs receive TA and updates on SAMHSA Service-to-Science Academy



## Service-to-Science

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- FASD Center staff provided TA to three of four FASD-focused programs that were accepted into SAMHSA's 2010 Service-to-Science Academy:
  - Berkeley County Coalition Against Substance Abuse (West Virginia)
  - ✓ Clinic and Community Connections (Minnesota)
  - ✓ FASD Enhancement Site (Kentucky)
  - ✓ The SAFE Program (Minnesota)

# National Association of FASD State Coordinators

## Task 5

- 30 coordinators from 24 states, District of Columbia, Navajo Nation
- Two new coordinators joined since 2010 BFSS: Indiana and West Virginia
- Operates like a learning community: members share strategies and information on what works
- Building infrastructure; working initiatives on:
  - ✓ Compiling a resource list of FASD materials and links for providers
  - ✓ Alcohol-use warning labels placed in or on pregnancy test kits
  - ✓ Researching obtaining non-profit status

# Birth Mothers Network (BMN)

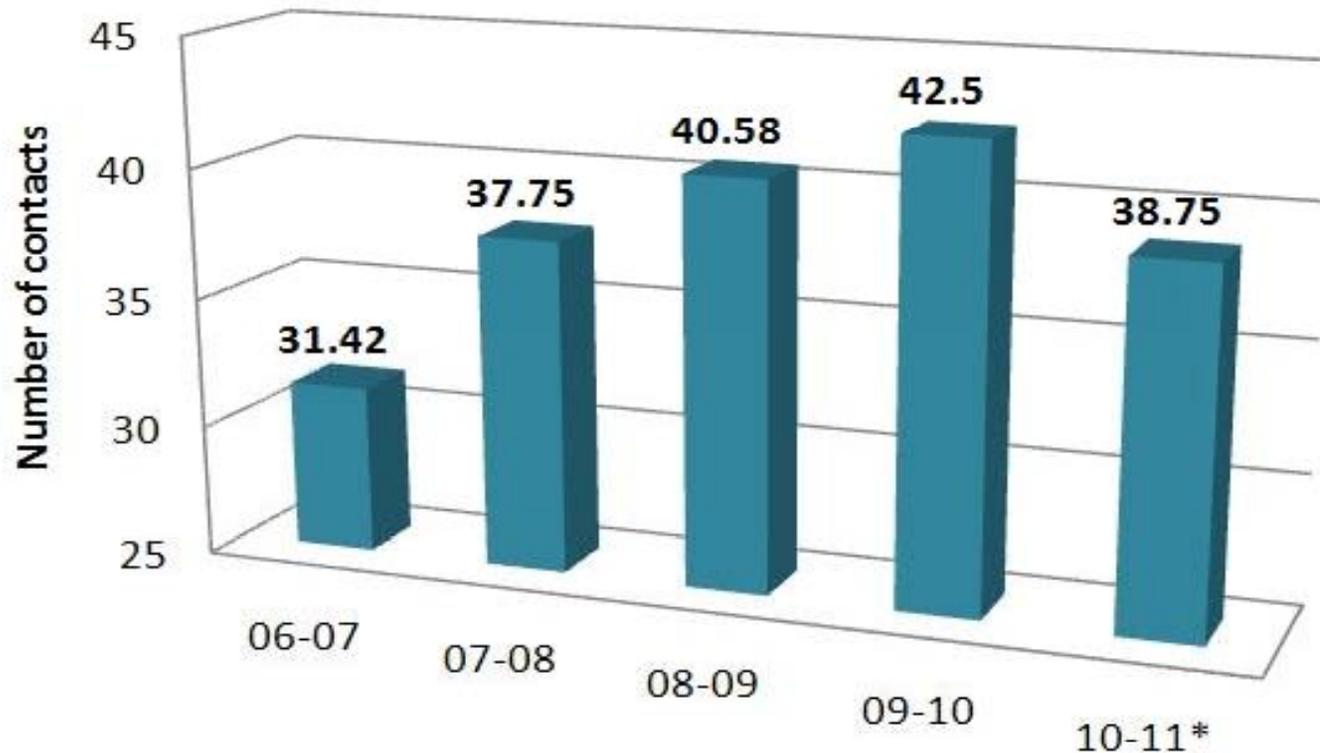
## Task 5

- Annual BMN Meeting in January 2011:
  - Nine birth mothers trained for Speakers Bureau
  - Total of 14 trained speakers
- Members set outreach goals, including:
  - Sharing and updating resources
  - Connecting or reconnecting with State NAFSC representatives
- Regional BMNs are being formed in several States

# FASD Information Resource Center (IRC)

Task 7

## SAMHSA FASD Center for Excellence Average number of contacts per month



\*Data for August 2010-March 2011

# FASD Center Web Site

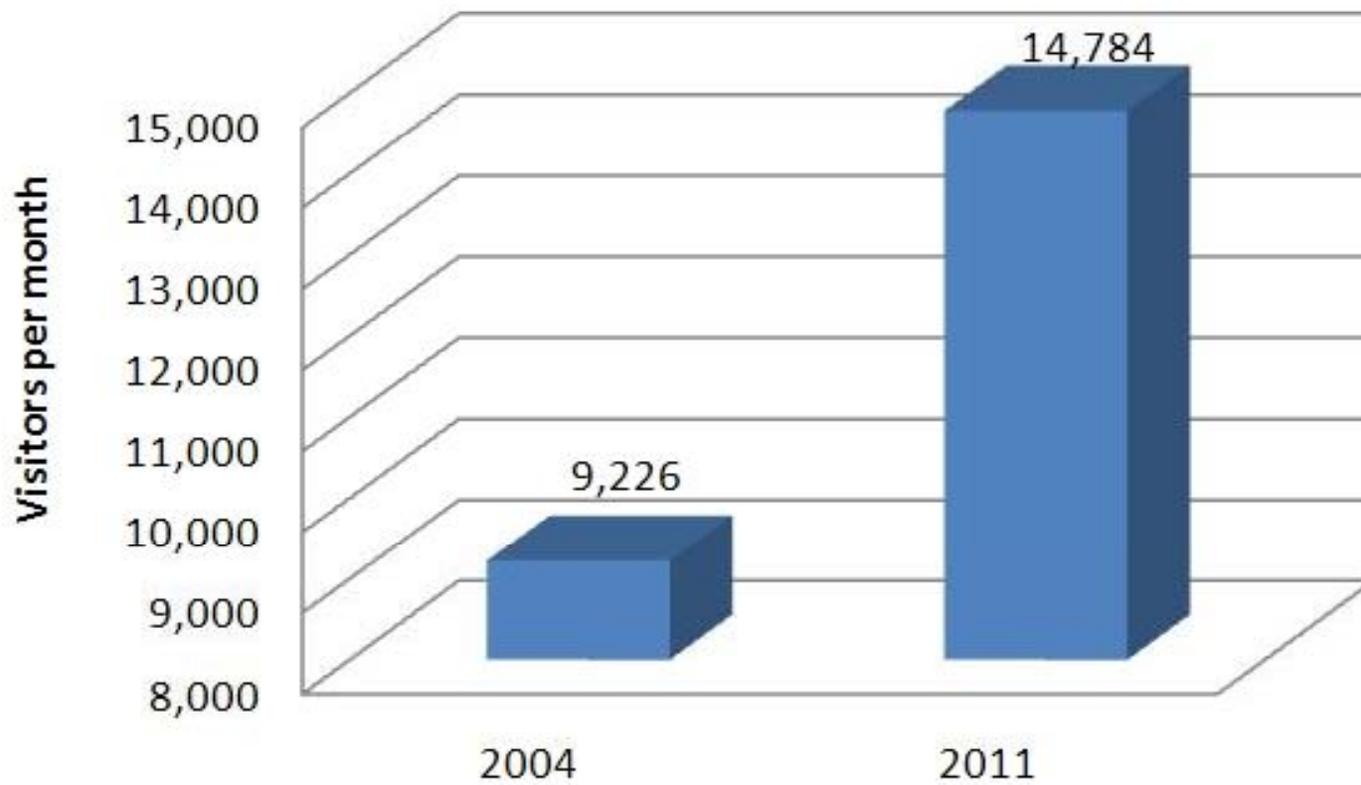
- More than 18,000 unique visitors to Web site
- April 2010; highest single-month total to date
- 1- to 2-million page views per month
- More than 13,000 FASD-related print and multimedia materials in searchable database
- Database size doubled since inception



# FASD Center Web Site



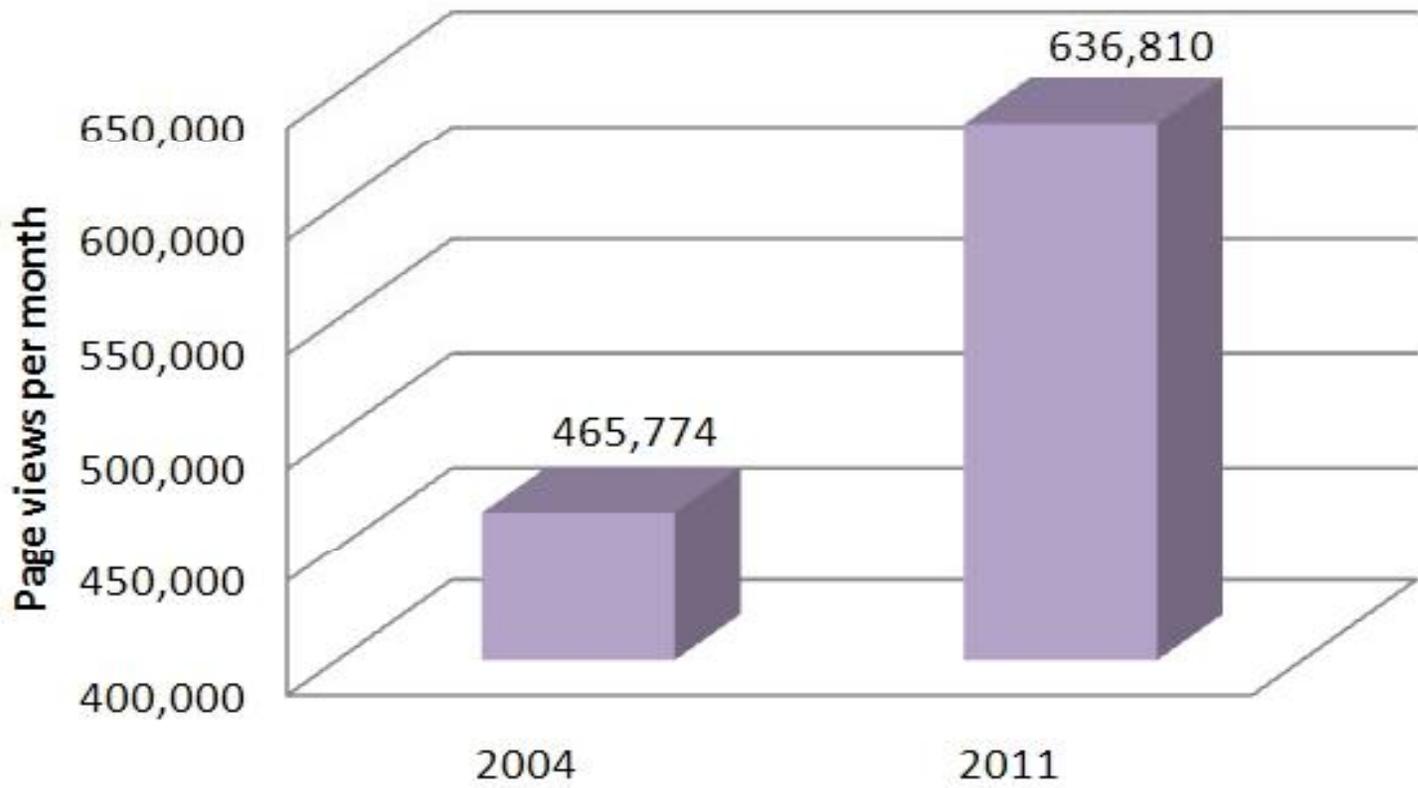
## Average Number of Unique Visitors



# FASD Center Web Site



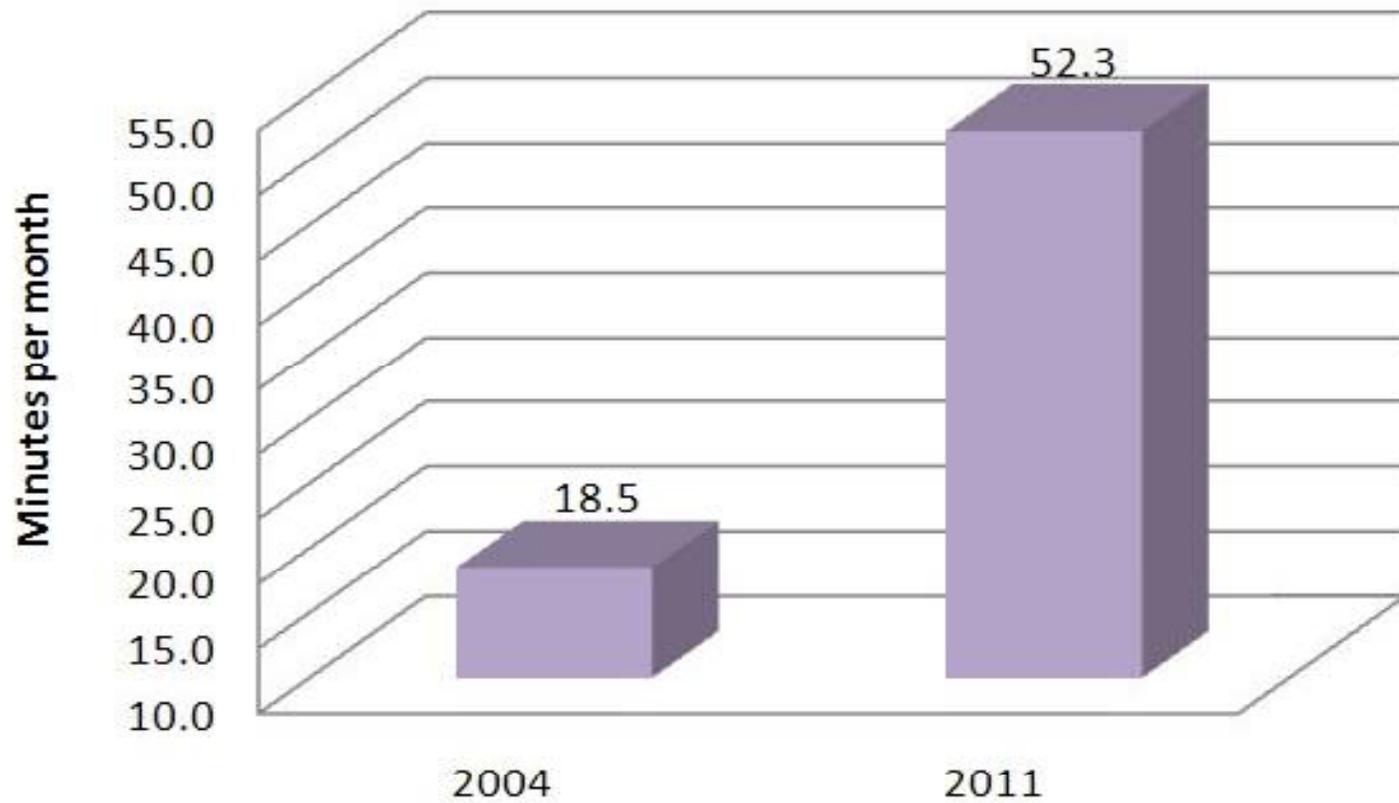
### Average Number of Page Views



# FASD Center Web Site



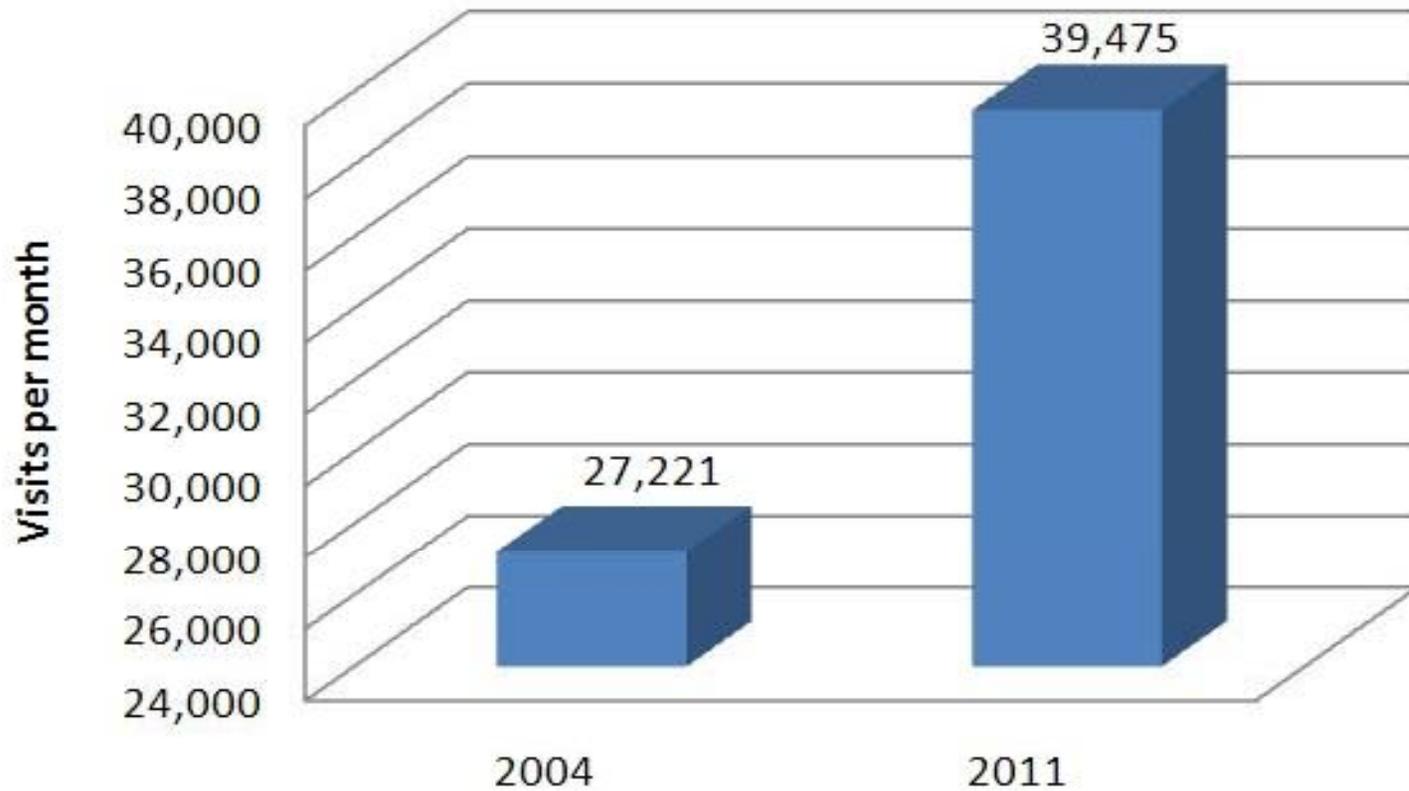
### Average Length of Visit



# FASD Center Web Site



### Average Number of Visits



# FASD Center Web Site

- Significant increase in Web links; recent new links include:
  - › Behavioral Health Generations
  - › Community Mental Health & Recovery Board
  - › George Washington University Medical Center
  - › Marin County Public Defender / Legal Research
  - › NOFAS Colorado
  - › Oregon Addictions and Mental Health Services

# Raising the Profile of FASD



## Poster Presentations

- American Public Health Association (APHA) Conference, November 2010
  - › “State-level alcohol legislation and its impact on FASD prevention and treatment”
  - › “Evidence-based model for preventing FASD among women at-risk of alcohol-exposed pregnancies”
- Society for Prevention Research (SPR) Conference, June 2010
  - › “Integrating FASD Evidence-Based Interventions into Existing Service Delivery Organizations”

## Raising the Profile (cont'd)

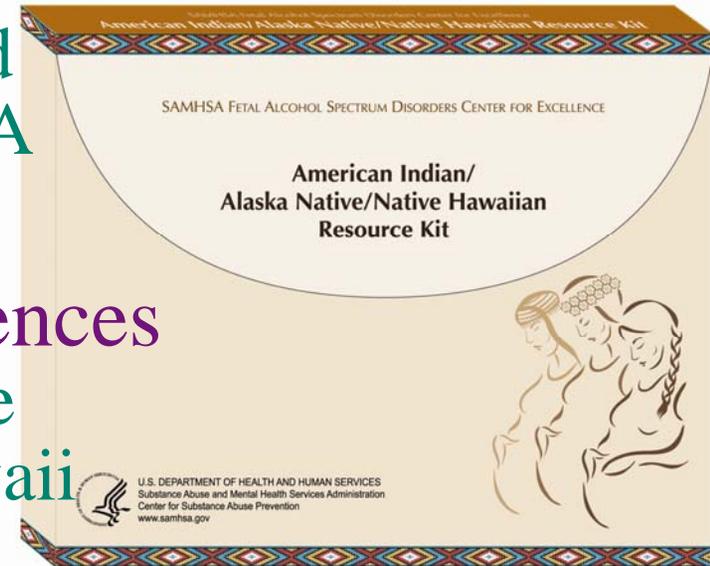
- Speakers at more than a dozen events in the past year, including:
  - › Society for Prevention Research (June 2010, Denver)
  - › 4<sup>th</sup> National Conference on Women, Addiction, and Recovery (July 2010, Chicago)
  - › Indian's Health Service's 8th Annual National Behavioral Health Conference (August 2010, Sacramento)
  - › Project ABC's Strive to Thrive: Building systems that Care for Birth to Fives (February 2011, Long Beach)

## Raising the Profile (cont'd)

- Upcoming and Pending Presentations
  - › 2011 National Abandoned Infant Assistance (AIA) Teleconference Series on Assessing for Fetal Alcohol Spectrum Disorders in Children (July 2011, Webinar)
  - › 40<sup>th</sup> Summer Institute on Substance Abuse and Mental Health (July 2011, Newark, DE)
  - › National Prevention Network (NPN) Annual Meeting on Project CHOICES (September 2011, Atlanta)
  - › American Public Health Association (APHA) Annual Meeting (October 2011, WDC)

# The Native Initiative

- Native Resource Kit
  - › In March 2010, received approval from SAMHSA to develop a revised Kit
- Native Leaders Conferences
  - › June 2011 in Milwaukee
  - › September 2011 in Hawaii
  - › Third meeting TBD
- Trainings and Technical Assistance
  - › 15 trainings, technical assistance events, and conference presentations held in 7 States



# Conclusion



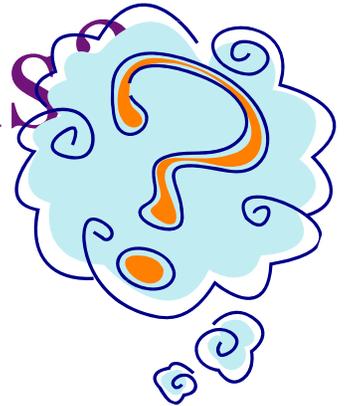
Questions



Questions?



Questions



Question



# **SAMHSA FASD Center for Excellence**

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