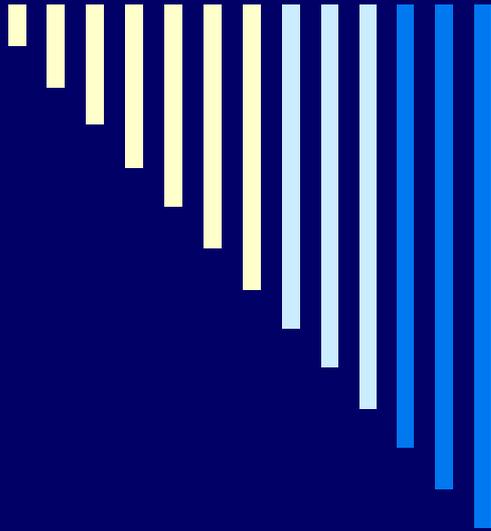


***Reaching Out To and
Working With Primary Care
Providers: Instruments of
Success in the Field***

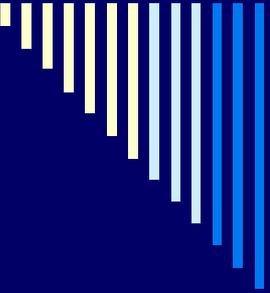
FASD Regional Training Centers: Working Together to
Increase Knowledge and Skills



FASD Regional Training Centers: Enhancing Medical and Allied Health Education and Practice

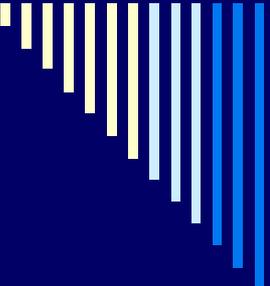
Funded under CDC-RFA-DD08-806

September 30, 2008 – September 29, 2011



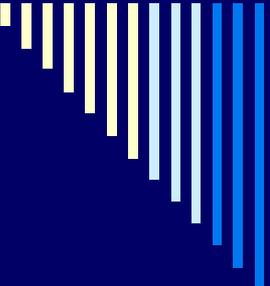
Overview

- FASD Regional Training Centers
 - The Who, What, and Where
 - Great Lakes RTC Model
 - Southeastern RTC Model
 - Crossing Regional Borders: Models of Collaboration
-
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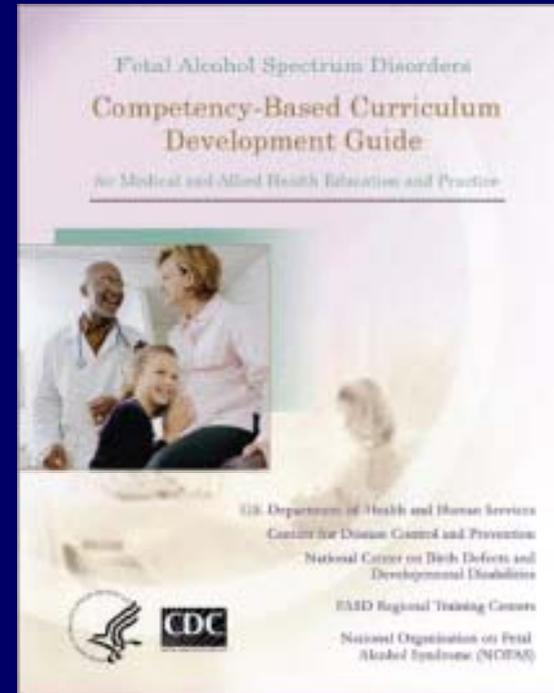


Purpose of FASD RTCs

- To develop, implement, and evaluate educational curricula regarding FASD prevention, identification, and treatment for medical and allied health practitioners and students;
 - To incorporate the curricula into the training programs at universities and colleges throughout their regions, and into the credentialing requirements of professional boards.
-
-



***FASD
Competency-
Based Curriculum
Development
Guide for Medical
and Allied Health
Education and
Practice***



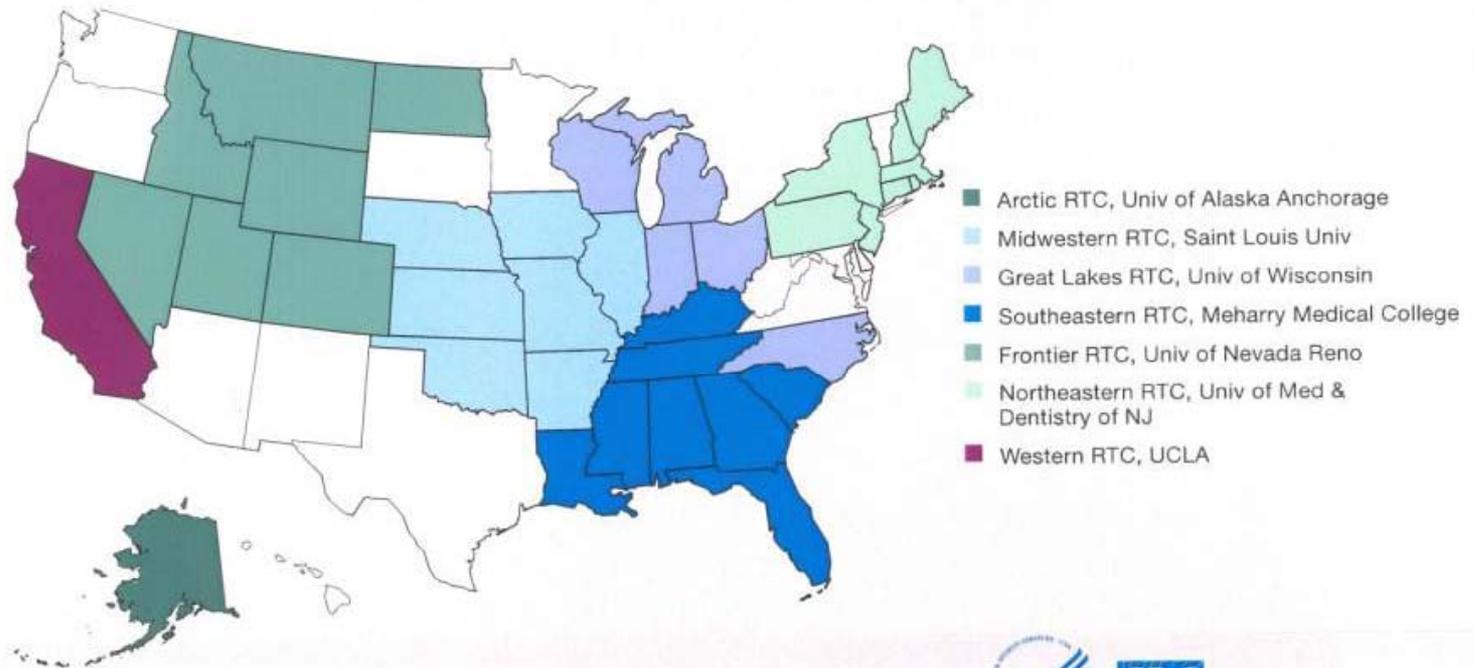
Download your free copy today—or stop by the CDC display!

www.cdc.gov/ncbddd/fas/curriculum/index.htm

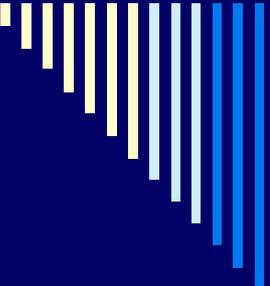
FASD Regional Training Centers

(not all currently funded)

FASD Regional Training Centers



CS211970-A



Funded Projects

□ **SOUTHEASTERN**

- Tennessee, Alabama, Florida, Georgia, Kentucky, Louisiana, Mississippi, South Carolina

□ **ARCTIC**

- Alaska, neighboring Canadian provinces

□ **FRONTIER**

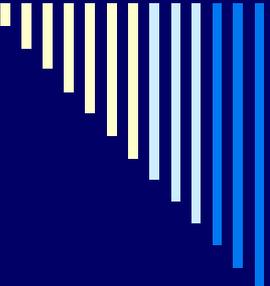
- Nevada, Colorado, Idaho, Montana, North Dakota, Utah, Wyoming

□ **MIDWESTERN**

- Arkansas, Iowa, Illinois, Kansas, Missouri, Nebraska, Oklahoma

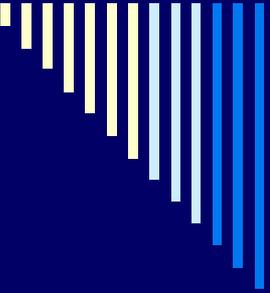
□ **GREAT LAKES**

- Wisconsin, Michigan, Indiana, Ohio, North Carolina, (Minnesota, Hawaii)
-
-



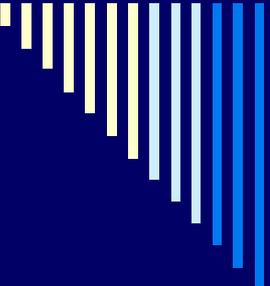
Seven Competencies

- ❑ Foundations
 - ❑ Screening and Brief Interventions
 - ❑ Models of Addiction
 - ❑ Biological Effects of Alcohol on the Fetus
 - ❑ Screening, Diagnosis, and Assessment of FAS
 - ❑ Treatment Across the Lifespan for Persons with FASDs
 - ❑ Ethical, Legal, and Policy Issues
-
-



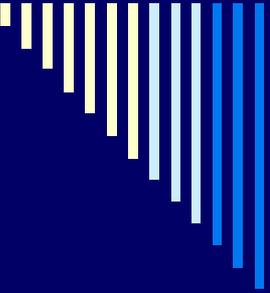
Competencies

- I. Demonstrate knowledge of the historical, biomedical, and clinical background of fetal alcohol syndrome (FAS) and other disorders related to prenatal alcohol exposure, known collectively as fetal alcohol spectrum disorders (FASDs).
-
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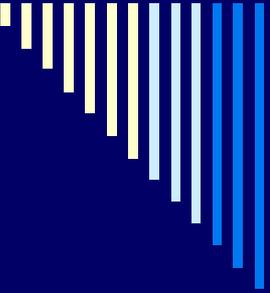
Competencies, cont.

- II. Provide services aimed at preventing alcohol-exposed pregnancies in women of childbearing age through screening and brief interventions for alcohol use.
 - III. Apply concepts and models of addiction to women of childbearing age, including those who are pregnant, to provide appropriate prevention services, referral, and case management.
-
-



Competencies, cont.

- IV. Describe the effects of alcohol on the developing embryo and the developing fetus.
 - V. Screen, diagnose, and assess infants, children, adolescents, and adults for FAS and other conditions associated with prenatal alcohol exposure.
-
-



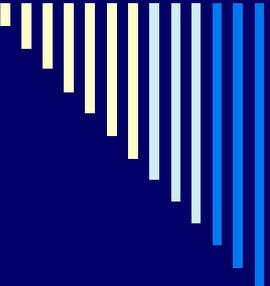
Competencies, cont.

VI. Provide long-term case management for persons with FASDs.

VII. Recognize ethical, legal, and policy issues related to FASDs.



One approach to providing education and skills development to practitioners...



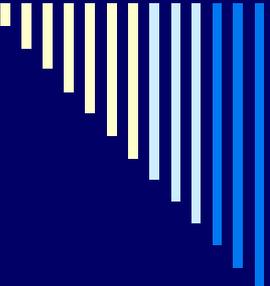
Great Lakes FASD Regional Training Center

- **Built on over 18 years experience raising awareness, providing training and conducting clinical outreach**
 - Wisconsin Clinical Genetics Center
 - Family Empowerment Network
 - FASD Treatment Outreach Project
 - WI Alcohol, Other Drugs and Pregnancy Workgroup
-
-

Our team...

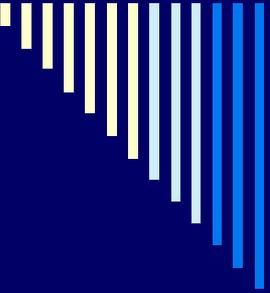


(Left to Right) David Wargowski, MD; Kristi Obmascher, BS; Georgiana Wilton, PhD; Barbara Vardalas, MA; Angela Cappas-Awes , BS



Background, cont.

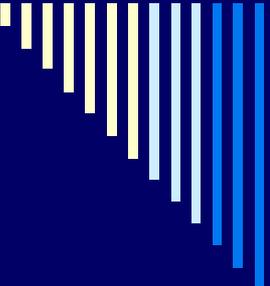
- **Built on strong collaborations**
 - Michigan: Joint conferences, clinical assessment, development of training materials
 - North Carolina: Development of clinical services, education, and outreach
 - Ohio & Indiana: Collaboration with women-specific AODA treatment providers
 - *Many developed through BFSS!*
-
-



Goals and Objectives

□ Overarching Goal:

- To increase the knowledge and clinical skills of medical and allied health professionals and students around the issues of alcohol use and abuse, prenatal alcohol exposure, and fetal alcohol spectrum disorders (FASD).
-
-

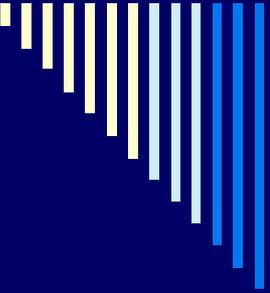


Goals and Objectives

□ Goal 1:

Convene an *Advisory Committee* and subcommittees to oversee development and implementation of project activities

- Curriculum and Training
 - Evaluation
 - Recruitment and Marketing
 - Technology
 - Credentialing and Licensing
 - Sustainability
-
-

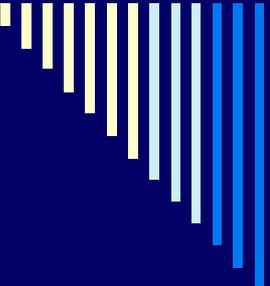


Goals and Objectives

□ Goal 2:

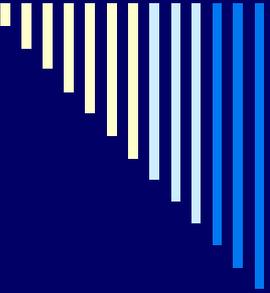
To develop and implement a menu of training and awareness opportunities addressing the prevention, identification, and treatment of fetal alcohol syndrome and related conditions

- In-person, web-based, Podcasts...
-
-



Training Approaches

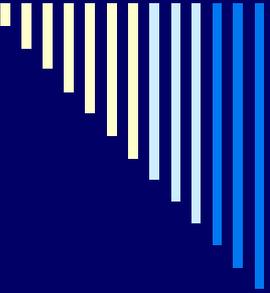
- In-person training
 - FASD Training of Trainers Certificate Program
 - 30-hour intensive training to prepare project trainers
 - Sponsored training
 - Through GLFRTC/UW Dept. of PDAS
 - Includes annual National FASD Conference
 - Participation in local, regional, and national conferences
 - i.e., MOD, WAAODA, PacRim Conference on Disabilities, etc.
 - Clinical
 - One-on-One skills development
 - *Performance Improvement (PI) intensive* (30 CMEs)
-
-



Training Approaches

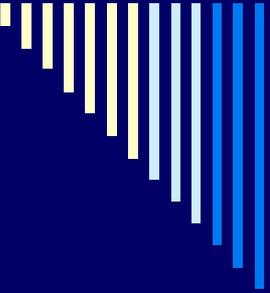
- Online
 - Podcasts
 - Web-based
 - 4th year medical student preceptorship

 - Information Dissemination
 - Awareness day activities (09/09/09)
 - Regional speakers bureau
 - www.fasdeducation.org website
-
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Goals and Objectives

- **Goal 3:**
To conduct a comprehensive process and outcome evaluation on project activities
-
-

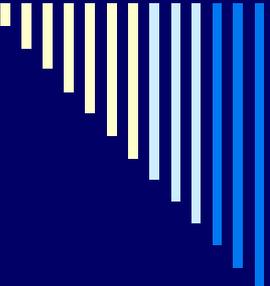


Evaluation

□ Content Evaluation

- Standardized pre- and post-training evaluation tools
 - Knowledge, perceived skills, importance
 - 3 and 6 month post-training follow-up
- Tracking
 - Which competencies, what materials, how many (participants, hours, etc.)

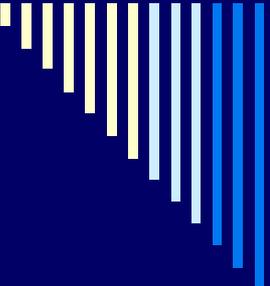




Goals and Objectives

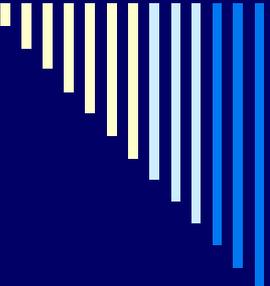
- **Goal 4:** Develop and implement a plan to include core competencies in licensure and credentialing standards in medical and allied health professions

 - **Goal 5:** Develop a sustainability plan for the FASD Regional Training Center
 - *Training of Trainers* Model
 - Permanence in Medical School Curriculum
 - Fee-for-service
 - Grant-writing
 - Local and regional contracts
-
-



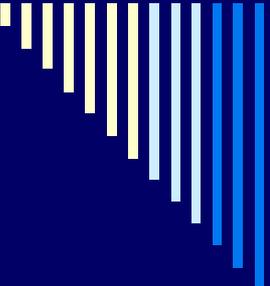
Target Audiences

- Medical and allied health providers and students
 - Targeted disciplines to date
 - Medical:
 - Family practice
 - Pediatrics
 - Genetics
 - Psychiatry
 - Nursing
 - Allied Health
 - Counselors/Psychologists
 - Social Workers
 - AODA Treatment Providers
-
-



Preliminary Results to Date

- Over 1300 individuals trained and evaluated
 - FASD Training of Trainers Certificate Program
 - 3 TOTs conducted to date with 55 professionals attending
 - Participants included from each state in our region
 - 33 trainings completed from recent graduates reaching 483 participants
 - 3 additional TOTs scheduled based on state-specific requests
 - Rigorous outcome evaluation conducted
-
-



Results, cont.

- Incorporation of FASD lectures into UW medical school required curriculum for 1st and 4th year medical students
 - 3-hour clinical intensive included into requirements of UW Family Medicine Residency Program
 - Addition of clinical skills building session
 - One-on-one training in the clinical assessment of FAS
 - Inclusion of FASD into AODA certificate program through UW
-
-

Results, cont.

- Ongoing technical assistance and support mechanisms
 - Website
 - Toll-free info line

Home | Contact Us

fasd education .org Great Lakes FASD Regional Training Center

- Great Lakes FASD Regional Training Center
- Fetal Alcohol Spectrum Disorders (FASD)
- FASD Awareness
- Women and Alcohol
- Family Empowerment Network
- Wisconsin Treatment Outreach Project

FASD Training for Medical and Allied Health Professionals

Great Lakes FASD Regional Training Center

Prenatal alcohol exposure is a leading, preventable cause of birth defects and developmental disabilities. Effective strategies are needed for identifying, diagnosing, and treating individuals affected by fetal alcohol spectrum disorders (FASD); and identifying and serving women at risk of having an alcohol-exposed pregnancy.

In 1999, Congress directed the Secretary of the U.S. Department of Health and Human Services to convene the National Task Force on Fetal Alcohol Syndrome and Fetal Alcohol Effect, coordinated and managed by the FAS Prevention Team in CDC's National Center on Birth Defects and Developmental Disabilities (NCBDDD). The Task Force recommended several approaches to enhance FASD prevention, identification, and treatment efforts. One of these recommendations was the development of programs to educate health care professionals about prenatal alcohol-related disorders.

The Great Lakes FASD Regional Training Center (GLFRTC) addresses this identified need by providing training for medical and allied health professionals and students throughout the Great Lakes region on the prevention, identification, and management of fetal alcohol spectrum disorders (FASD). The project is funded by the Centers for Disease Control and Prevention (CDC) and housed at the University of Wisconsin-Madison, School of Medicine and Public Health. The project targets the states of Indiana, North Carolina, Michigan, Ohio, and Wisconsin.

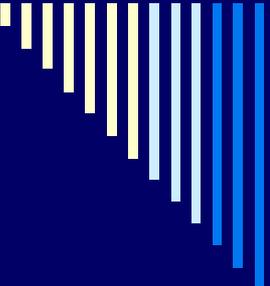
[Download Our Brochure](#)
Call toll-free for more information: 1-800-752-3157
Or Email: [Email us](#)

Project Activities

FASD Training: A range of inperson and e-learning training opportunities

Great Lakes Region

- Meet Our Team
- Center Staff
- FAQ
- Contact Us
- FASD Training
 - Training To
 - Training Ca
 - Training Re
 - Training of
- FASD Resource
 - FASD Aware
 - FASD Awa
 - FASD Awareness
 - Women and Al
 - Supporting Fan



Collaborations

- FASD training is being conducted in every State—regardless of whether an RTC serves that State
 - In many instances, rich traditions of training and expertise existed prior to funding...and will remain after funding!
 - Cross-training and cross-collaboration is common...
 - Our Goal: To make the RTC accessible!
-
-