

Substance Abuse and Mental Health Services Administration  
Center for Substance Abuse Prevention

# Fetal Alcohol Spectrum Disorders (FASD)

# 09.09



***The ninth day of the ninth month  
is Fetal Alcohol Spectrum Disorders  
(FASD) Awareness Day.***

***When a pregnant  
woman drinks alcohol,  
so does her baby.***



***For the sake of the baby,  
a woman who is pregnant  
or planning to become pregnant  
should not drink alcohol.***

## **FASD is 100% PREVENTABLE**

**1-866-STOPFAS • [www.fasdcenter.samhsa.gov](http://www.fasdcenter.samhsa.gov)**

*SAMHSA's FASD Center for Excellence*